



YOUNIQUE

STORY

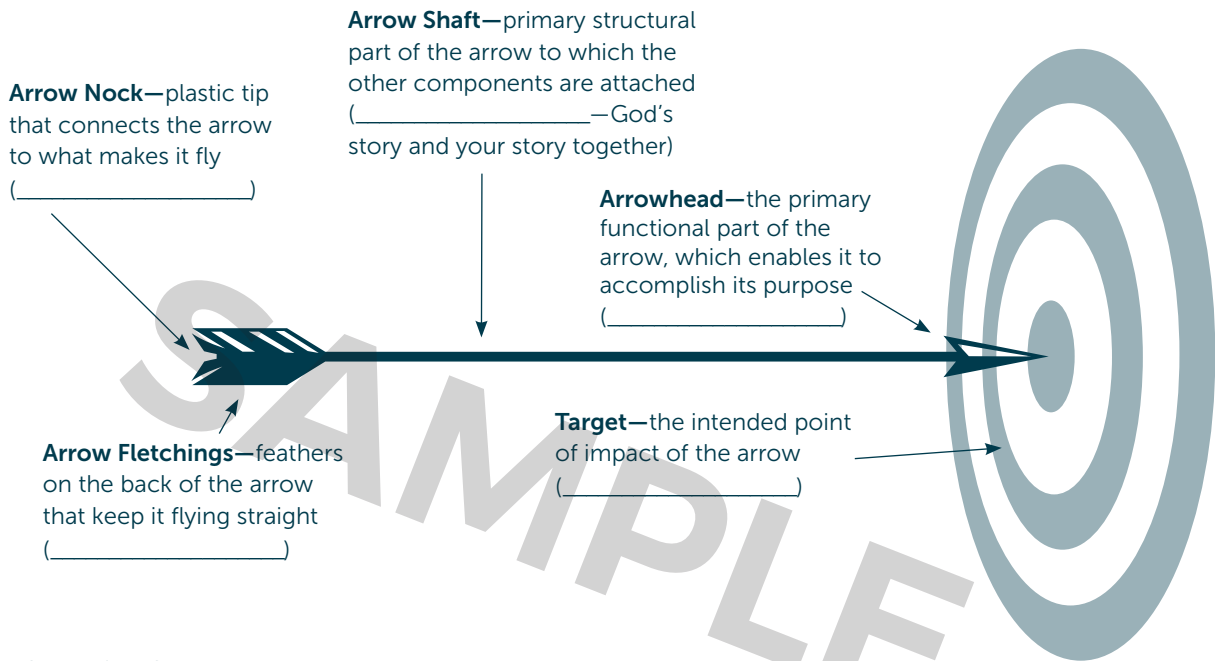
Session 2



PARTICIPANT GUIDE



The Arrow



BIG THOUGHT:

“Most people have _____ their story, but few have _____ their story. Even fewer can _____ their story in a way that helps them find their place in _____ story.”

TEXT: 1 SAMUEL 17:1-37

NOTES



Table Questions

1. What new learning from today's teaching made you look at David's life differently?
2. Do you think most Christians live like David or like his brothers? Why do you think that is?
3. What hidden things might lie dormant in your past that if left uninterpreted might keep you from seeing what God has in store for you?

CHALLENGE—SHARE YOUR STORY IN FIVE CHAPTER TITLES OR LESS



Hinge Moments

LIST TOP TEN HIGH POINTS

LIST TOP TEN HARD TIMES

SAMPLE



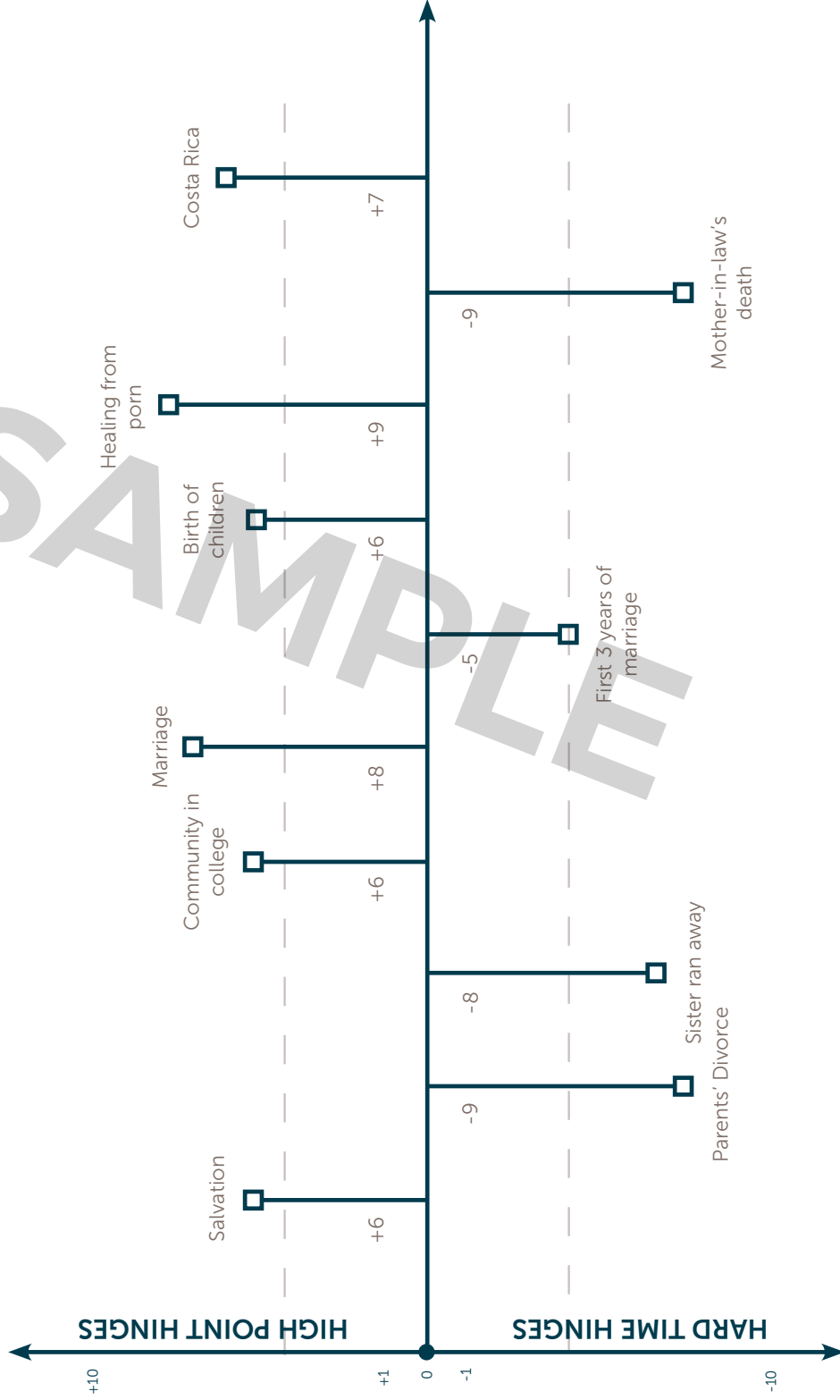
The Life-Line



* Adapted from Donald Miller, Storyline

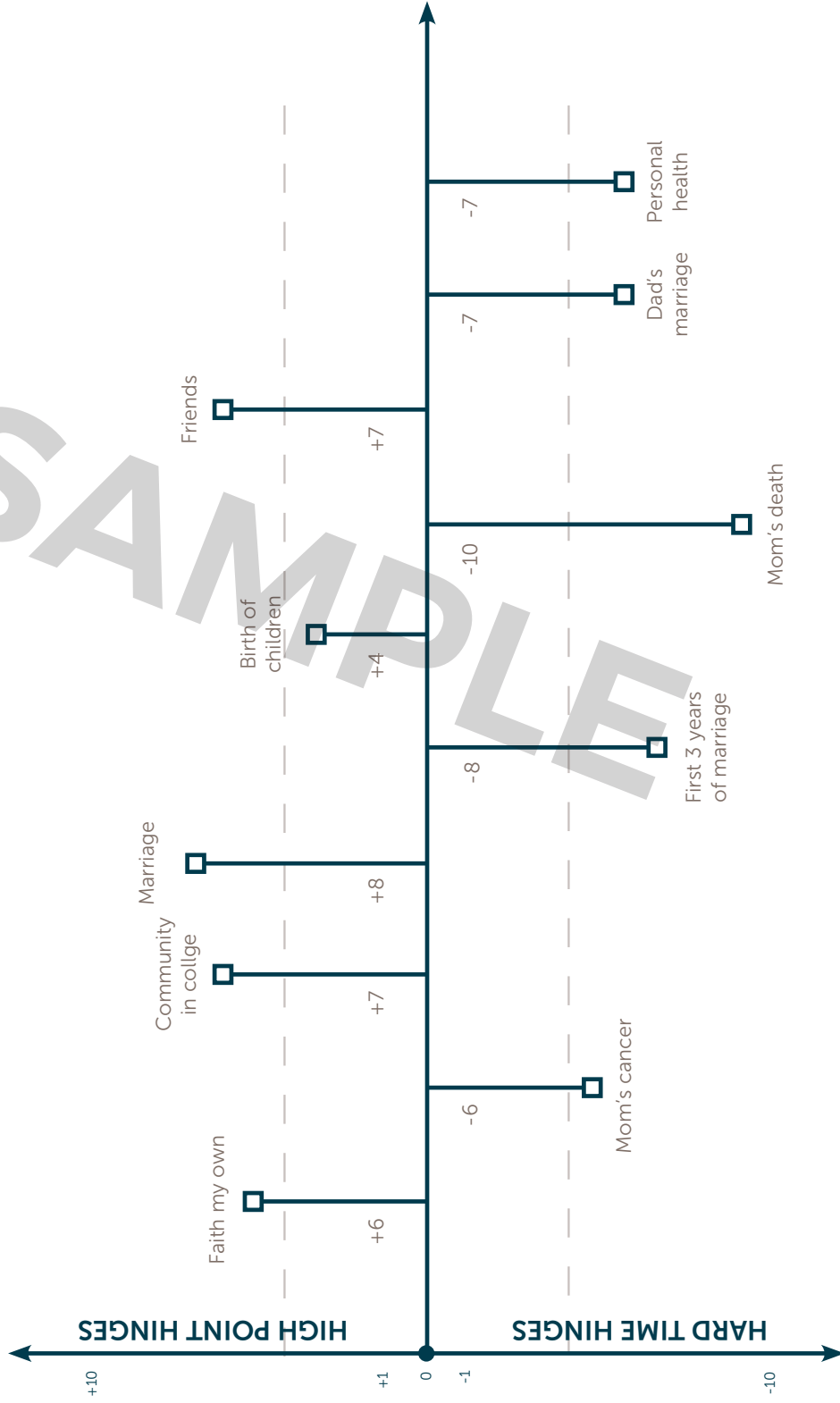


The Life-Line Example 1 - Rich





The Life-Line Example 2 - Kati





Life Discovery Grid

SAMPLE

Heritage Your family of origin; where you grew up.						
High Points Moments of joy, accomplishment and/or satisfaction						
Hard Times Seasons of challenge, grief, and/or set backs						
Hand of God How you experienced God, which may include silence or absence						
Heroes People you admire, who supported you and/or provided for you						

Download the Life Discovery Grid booklet at
lifecycleunique.com/lifediscoverygrid



Life Discovery Grid Example 1 – Dave

	Blue Print	Foundation	Structure	Design	Remodel
Heritage	Family Hard work Finish	Community Friendship Mission Identity	Overwhelming Community Shared Resources Loyalty	Oikos Maturity Growth	Loneliness Starting Over
High Points	Summer trips to OH Sports Saving my sister	College Soccer, Dating, Friendships, Dorms, Intramurals, Fishing, Camps, Mango men	Marriage, Kids 1st house, London, Friends moving near, Life Group, work.	Living near the ocean, New friends, Vacations, Job, Trip with Son to Montana, 40th birthday.	Sisters Wedding Our move to KY
Hard Times	Bad Choices Relationships Sibling Fights Jr year of High School	Soccer Ending College Ending	Shawn Dying, Marriage Struggles, Youngest Child with RSV, Finances	Discovery of learning disabilities with Daughter Traveling and being on the road away from family	Sisters Wedding Our move to KY
Hand of God	Protection Forming	Joy Love	Provision Guidance Faithfulness	Faith	Guidance
Heroes	Coach Chaveannez Mrs. Helfeldt Uncle Ben	Courtney R Dave R Chris B Dr. Myer	Mom and Dad Inlaws	Mike B Steve C	Glen S



Life Discovery Grid Example 2 - Kathy

	Happy	Hurt	Health	Hope	Hacked
Heritage	Pastors Kid, Wesleyan Denomination, Generations of family believers	Legalism in the Church, Personal Rebellion, Isolation and Rejection, Getting outside the US.	Independence, freedom, ability to choose, discover of my faith and it becoming personal.	Extended Family in Mission, Free to Discover, a deep sense of mission and purpose.	Covenantal Breakdown, Brokenness, People Leaving, Loss.
High Points	Being part of a small church. Getting Saved in 2nd grade, Being a kid.	First love relationship, Sports, chorus, art, trip to Haiti	College, Meeting my husband, Working sports camps. Gaining independence.	Married, Having children, Working at great organizations Family moved close.	Adoption of our son , 3 month rest sabbatical.
Hard Times	3rdGd Mean Girls, Moving 3X every 4 years, Eyes opened to ch. dysfunction and mean Christians	Mean Girls, Name painted on town bridge, Being a pastors kid. Mom hurt by church. Small Town	Being in College in FL while family lived in NY. Moving to AL my Senior year of college.	Working and always financially just getting by, Infertility.	Relationships w/Ministry Partners, rejection, called to cross, family business not family, Leaving PI
Hand of God	Christian Heritage, Grounded Family, Pastors Home, VBS Getting Saved	Mission trip to Haiti & Eyes open to real brokenness. Protection in relationships.	College, Meeting husband	My Mom able to watch the kids, Living in Community, Our miracle daughter	Growth in leadership, being delivered out of things not good. The courage/faith to leave.
Heroes	Grandparents, Bill and Ellie O. Mom and Dad, Mrs. Neff (teacher)	High School Coaches - Mr Conner and Mr Campbell.	Jesus, husband, Community of friends, Grandparents.	Mom and Dad, Grandparents, husband.	David and Courtney, Oldest Child, husband



Final Thought

An uninterpreted past _____ your future. An interpreted past _____ your future.

REFLECTION QUESTIONS:

1. What are my truly formative experiences in life—that is, what has made a lasting impact?
2. Is there any common thread to my Hand of God experiences?
3. Is there any common thread to my Hard Times?
4. What are the patterns of sin that emerge in my life? How have I dealt with those sin patterns?
5. What are the consistent gifts and abilities in my life?
6. Why do I do what I do vocationally? Did one person or event significantly determine this?
7. Who are my most meaningful friends?
8. Who taught me how to live? How am I learning to live like Christ?
9. How has God's grace been revealed in my life?
10. How does my unique story bring God glory?
11. What would my life be like without God's hand?
12. What may God be preparing me to do in future chapters of my life?
13. What one-word title would I give my Life Discovery Grid?