

# **INSIGHTS DISCOVERY**

To deepen your understanding of yourself and others, we utilize Insights Discovery, an indepth personality assessment. This assessment includes an 18-page individual report for each participating in the Younique Experience. It facilitates a deep understanding of how your personality influences your approach to life, work, and others around you. In addition to self-discovery, this module will help you develop your interpersonal skills, improve your communication, and cultivate better relationships.

#### Insights Discovery Assessments are:

- Insightful: Takes you places you never expected
- Shared: Practical language that shapes a conscious culture geared for teamwork
- · Positive: Supportive, engaging approach that empowers people to change
- Simple: Easy to understand so everyone can apply what they learn
- Additive: Builds on prior knowledge of DiSC and Myers-Briggs Assessments
- · Fun: Memorable color energy system that really sticks

The online Insights Discovery assessment is NOT a test. It measures your preferences in response to 25 questions. It should take about 20 minutes to complete.

#### To take the assessment:

- Log on: https://online.insights.com/evaluator/auxano
- · Click "Take Me to the Insights Online Evaluator"
- Enter the requested information, click "Next," and proceed
- Your referral code is: Younique

We look forward to walking with you through this journey of self-discovery, through which we can increase personal effectiveness, break down barriers and align people for growth.



# STRENGTHS FINDER

Please follow the instructions below to take the Clifton StrengthsFinder assessment and discover your **Top 5 strengths**. We will walk through this assessment with you during our time together and coach you on Strengths Development.

#### To take the assessment:

- Visit <u>https://www.gallupstrengthscenter.com/Register/en-US/Index</u>
- Copy and paste the following access code into the available field: WJ55XF75WT47FD84
- Then click Continue.
- Follow the onscreen instructions to create a Gallup Strengths Center account.
- Once registered, you will be able to take the Clifton StrengthsFinder assessment.
- Please give yourself 45 minutes of uninterrupted time to complete it.

After you complete the assessment, you will be able to view the results of your Top 5 Strengths. Through your account on the Gallup Strengths Center, you can download your own personalized report of your Top 5 Strengths.

If you encounter issues with your access code, please contact Info@LifeYounique.com. For all other issues, please view the Gallup Strengths Center Help page.



### APEST

The following directions will lead you through taking the **APEST Solo** assessment, which will measure your aptitude in the five fold ministry profiles described in Ephesians 4:11-13. The APEST Solo will take approximately 20 minutes.

### To take the assessment:

- Click to go here: APEST Personal Vocational Assessment
- Add APEST Personal Vocational Assessment to your cart.
- Click button to View Cart.
- Enter coupon younique and click Apply Coupon.
- Click the button marked "Place Order".
- Within a few minutes, you will receive an email with instructions
- Read the directions carefully and take the APEST!
- You will receive an email with results if you do not receive it, check your spam folder.

When you take the APEST Personal Vocational Assessment, trust your first impression and don't overthink the choices. Some of the pairs are more difficult to pick from than others. The test is designed to force you to make a choice, so be sure to pick the choice that is MORE like you, no matter how accurately each choice describes you.

When you've completed the APEST assessment, your results will load automatically. You will receive an email with instructions on how to view your results OR you can visit <u>http://www.theforgottenways.org</u>, log into your account and click the link marked "My Profile" under your name in the upper right corner of each page.

If you encounter issues with your access code, please contact Info@LifeYounique.com.