



# Younique Course Syllabus

## Younique - Personal Vision Journey, Course # [college/university]

### I. Course

- [course number], Younique, ([www.lifeyounique.com](http://www.lifeyounique.com))
- Open to Juniors and Seniors; limited enrollment (dependent on space and staff)
- Department(s):
- Partners: (e.g. VPSA, Campus Pastor, Career Center)

### II. Instructors

- [Professor/Intstructor Name, Title, Department] email, ph: ###-###-####, office location
- Office hours: signup online
- [Professor/Instructor Name, Title, Department] email, ph: ###-###-####, office location
  - Office hours: signup online

### III. Location, Times

- Varies. Refer to University Catalogue



## **Younique - Personal Vision Journey, Course [college/university]**

### **IV. Course Description**

This course equips students with skills for designing their lives according to the unique calling each one has from God. It offers students a conceptual framework, practical tools, and a community of peers and coaches to reflect on their call as disciples, both corporately as the church and individually in their walk with Jesus. The course employs a gospel-centered design thinking approach to help students from any major or discipline to name their calling and identify their next step in pursuing their vocation.

This course uses the focal lens of life planning to integrate faith, discipleship, work, and self-care rhythms that will serve students for the whole of life. The issues it addresses include how to find and experience work that brings value to self and others, the importance of both knowing and being able to interpret one's own story, the role of passion in a person's life, and the power of goal setting.

The instructional method of the course combines seminar-style discussions, short writing assignments, guest speakers, and engaging exercises. Dialogue will take place in regular small groups of student peers.

Although this course is designed primarily for juniors and seniors, it is suitable for all students who seek clarity on how to both name their calling and design their lives to live it out. The course will include seminar-style discussions, short writing assignments, guest speakers, and engaging exercises. Small group dialogue will be held in regular sections comprised of a group of student peers.

Targeted to juniors and seniors, the course is suitable for all students seeking clarity on how to both name their calling and design their lives to live it out.

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### **V. Course Objectives**

- Learn a framework that supports vocation development, now and in the future
- Acquire methods for discovering and designing career and life
- Develop a concept of a coherent, faithful life to guide career choices
- Integrate career experiences with a student's own vocational vision
- Develop a preliminary post-graduation vision and plan
- Examine and evaluate the motivating factors of their personal interests, passion and affirmations
- Discover and articulate the uniqueness of their personalities, spiritual gifts, talents, and accomplishments

### **VI. Assignments**

- Class discussions, In-class exercises
- Homework: readings, reflective writing assignments, exercises, interviews

### **VII. Grading and Auditing**

- 2 unit, Pass/Fail
- Requirements: full class participation (1 excused non-emergent absence), homework assignments; minimum of 1 office hrs. appt., Younique LifeMap
  - NOTE: Regular participation is critical to course success. Since much of the most important work is done in section groups, class absences affect not only the individual but the entire section group as it maintains an ongoing and cumulative conversation. Students will be asked to sign a course covenant acknowledging this priority.
- Auditing not allowed.

## **Younique - Personal Vision Journey, Course [college/university]**

### **VIII. Materials and Reading**

#### **Materials and Reading**

- Younique ToolKit (note: digital fillable PDF)
- Articles, book excerpts, poems
- Audio and video clips
- Course notes, handouts, slides
- 3 Personality Assessments

#### **Readings taken from the following (not comprehensive list):**

- The Call by Os Guinness
- Cure for the Common Life by Max Lucado
- Let Your Life Speak by Palmer Parker
- Start with Why by Simon Sinek
- Start by Jon Acuff
- What Color is Your Parachute? by Richard Boles
- The Making of a Leader by Robert Clinton
- Atomic Habits by James Clear
- Strengths Finder 2.0 by Tom Rath
- The 80/20 Principle by Richard Koch
- Ordering Your Private World by Gordon MacDonald
- The Odyssey Years, David Brooks, article, October 9th, 2007 New York Times
- Walden by Henry David Thoreau
- Confessions by St. Augustine
- What Should I Do with My Life? The True Story of People Who Answered the Ultimate Question, by Po Bronson
- The Cost of Discipleship by Dietrich Bonhoeffer

## **Younique Education 15 Session Semester Course**

### **Session 1: The Power of Story**

#### **Topic: What is Christian Vocation**

True Freedom is not the ability to do anything you want to do. Freedom in Christ is the capability to become who you were always destined to be.

#### **Younique Tools**

Clarity Spiral and Life Discovery Grid Part 1

### **Session 2: Vocation is a Life Long Journey**

#### **Topic: God's Story as Revealed in Scripture Encompasses Our Story**

You can only give as much as you know about yourself to as much as you know about God; Greatest impact of your life is always before you when we live fully surrendered; Vocation is the productive collision of value and vitality

#### **Younique Tools**

Ultimate Awareness Matrix; Impact-Line; Value Vitality Map; Vocational Positioning System

### **Session 3: Passion Directs Our Lives with God's Precision**

#### **Topic: God Chooses Us as Partners in His Redemption Story**

Most people have experienced God's story but few have interpreted it. Even fewer can articulate God's story in a way that makes sense of their own story. How you tell God's story has a lot to do with how you understand and tell your own.

## **Younique Education 15 Session Semester Course cont.**

### **Session 3: Passion Directs Our Lives with God's Precision cont.**

#### **Younique Tools**

Life Discovery Grid

### **Session 4: Discover Individual Passion**

#### **Topic: Passion Develops Over Time from Our Story**

Passion directs our lives with God's precision. Passion focuses and stabilizes our life to make sure we live with focus and precision.

#### **Younique Tools**

Passion 360; Offenders; Passion Funnel

### **Session 5: Define Gifting**

#### **Topic: Using Assessments to Understanding Gifting**

Gifting connects us to God's power. Ephesians 4 lays out five gifting types to illustrate that we are each gifted and wired in different ways.

#### **Younique Tools**

APEST; Clifton Strengths; Enneagram

## **Younique Education 15 Session Semester Course cont.**

### **Session 6: Discover Individual Gifts**

#### **Topic: The Power of a Name**

God entrusts us with the power to name; naming creates reality. Identify if like Jacob we need a name change or if like Gideon we need to live up to our name.

#### **Younique Tools**

Sense of Accomplishment

### **Session 7: Context: The Value of People and Place**

#### **Topic: Person of Peace**

God's love is for everyone, but God chooses somewhere to manifest. God's love is for everywhere, but chooses somewhere to move. Follow the pattern of the disciples to work as a team and identify your missional family.

#### **Younique Tools**

Activator/Advantage; Live/Sent

### **Session 8: Convergence of Passion, Ability and Context**

#### **Topic: The Body of Christ**

Name the purpose God designed for you in two words

#### **Younique Tools**

Diamond Sweetspot

## **Younique Education 15 Session Semester Course cont.**

### **Session 9: Values**

**Topic: Defining Our Life Convictions Help Us Align Our Life with the Ideas that are Most important to Us.**

Name the top four core values that guide all our life decisions and help us align our thoughts, decisions, and behaviors into a cohesive whole.

#### **Younique Tools**

Value Funnel

### **Session 10: 2 Words**

**Topic: Distinguish General Calling (Make Disciples) from Specific Calling (the Purpose God Gives Each Individual Disciple).**

Name one's special calling in a concise and powerful use of two words.

#### **Younique Tools**

2 Word Calling

### **Session 11: LifeCall**

**Topic: Living as Called Ones**

Express the personal call on one's life with clarity and emotion.

#### **Younique Tools**

6-Word Exercise





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# *Younique Course Syllabus*

## **Younique Education 15 Session Semester Course cont.**

### **Session 12: Integration of Work, Love, Health and Play**

#### **Topic: Rest in Order to Work**

See the importance of health and play in relationship to work and love.

#### **Younique Tools**

Life Domains Assessment and Storylines

### **Session 13: Living Our Call Daily**

#### **Topic: 15 Chapters Lesson from 1 Samuel 17**

How to live well in the present while we anticipate the future.

#### **Younique Tools**

Beyond-the-Horizon

### **Session 14: Christian Life of Service**

#### **Topic: The Cost of Discipleship**

The value of focusing effort and energy toward purpose and legacy

#### **Younique Tools**

Beyond-the-Horizon

### **Session 15: FREE for Professor to Design**

#### **Younique Tools**

Celebration; Distiller Tool for Decision-making

