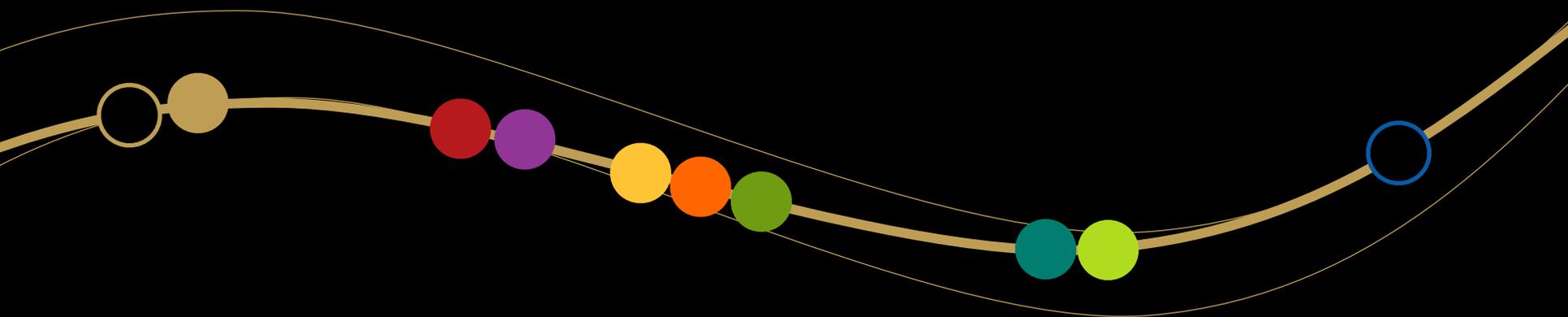




Insights Discovery An Introduction

Beginning the Journey ...



Example Only

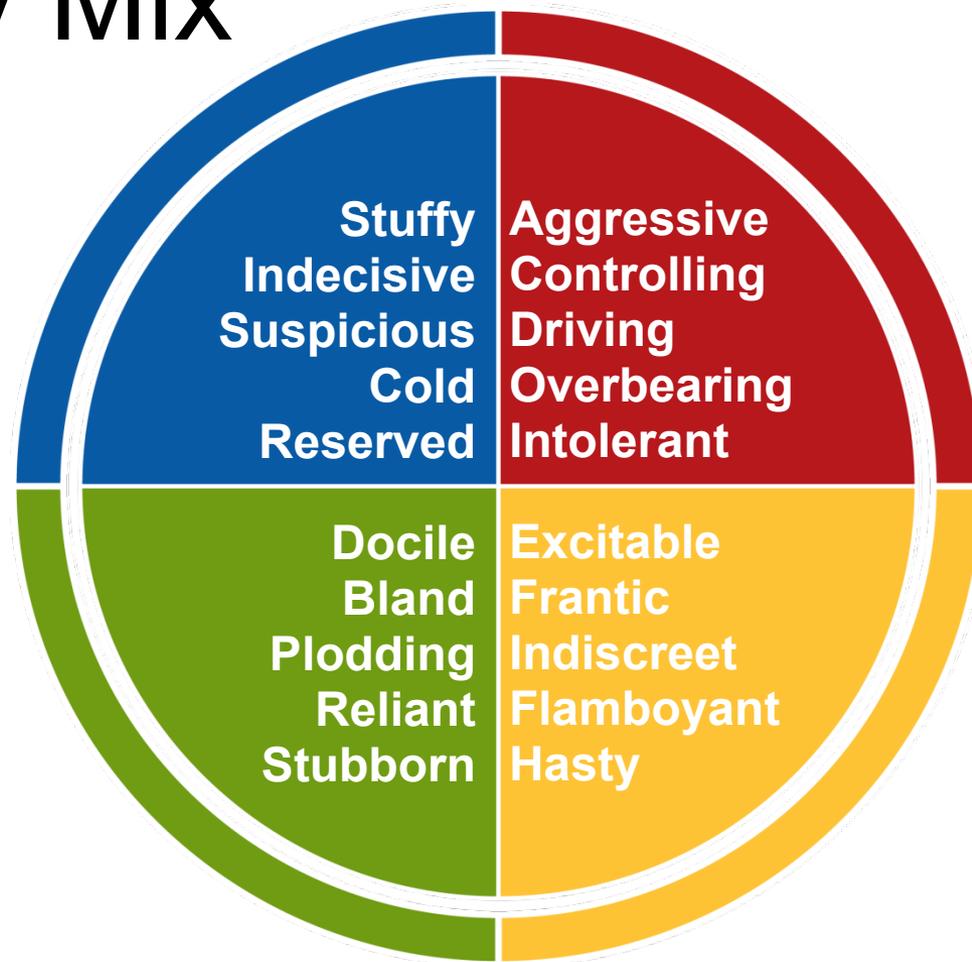
cheerful reflective concise challenging caring assertive
enthusiastic determined firm factual well-argued reliable
accommodating objective active steady fun sensitive
accurate tactful driving constant structured harmonious
strong-willed purposeful convincing cautious calculating amenable
persuasive patient influencing diplomatic logical sociable
outgoing courageous co-operative forceful conventional optimistic
mobile friendly stable consistent decisive correct
loyal calm daring analytical engaging exact
impulsive realistic



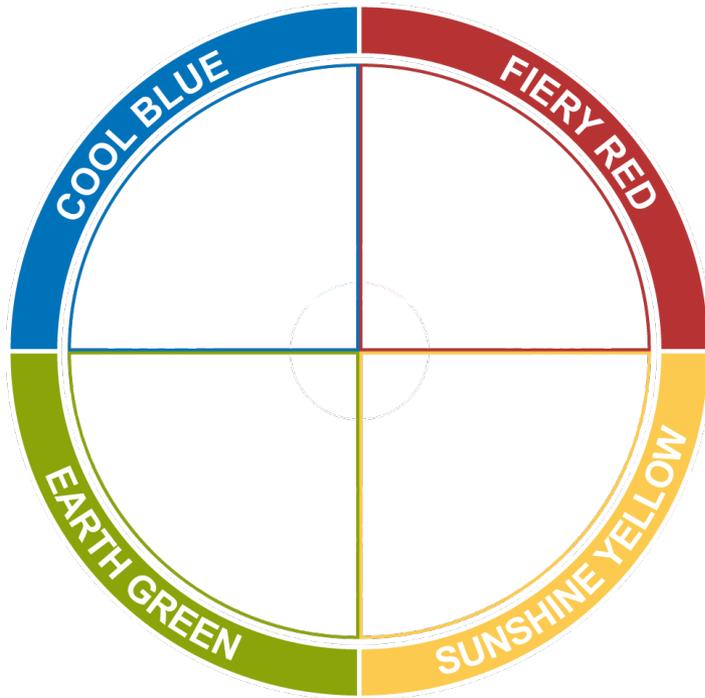
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mobile friendly stable consistent decisive correct
loyal calm daring analytical engaging exact
impulsive realistic



Your Colour Energy Mix



Your Colour Energy Mix



We each have all four colour energies within us; it is the combination of the four energies that creates the unique **YOU.**

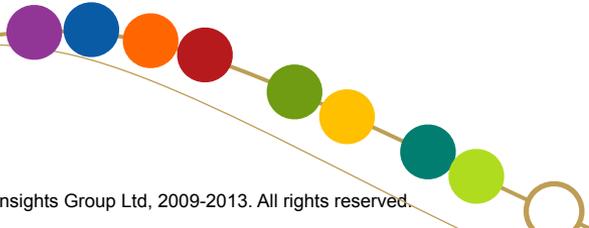


The Jungian Preferences



“Every advance, every conceptual achievement of mankind has been connected with an advance in self awareness.”

– Dr Carl G Jung



Your 'Attitude'

Introversion

Quiet

Observant

Inwardly focused

Depth focused

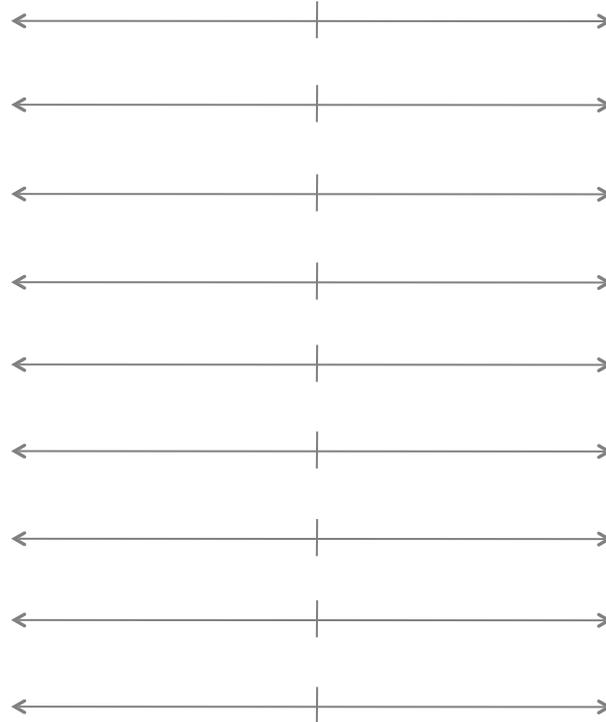
Intimate

Reserved

Reflective

Thoughtful

Cautious



Extraversion

Talkative

Involved

Outwardly focused

Breadth focused

Gregarious

Flamboyant

Action oriented

Outspoken

Bold

Your Decision Making 'Functions'

Thinking

Formal

Impersonal

Analytical

Detached

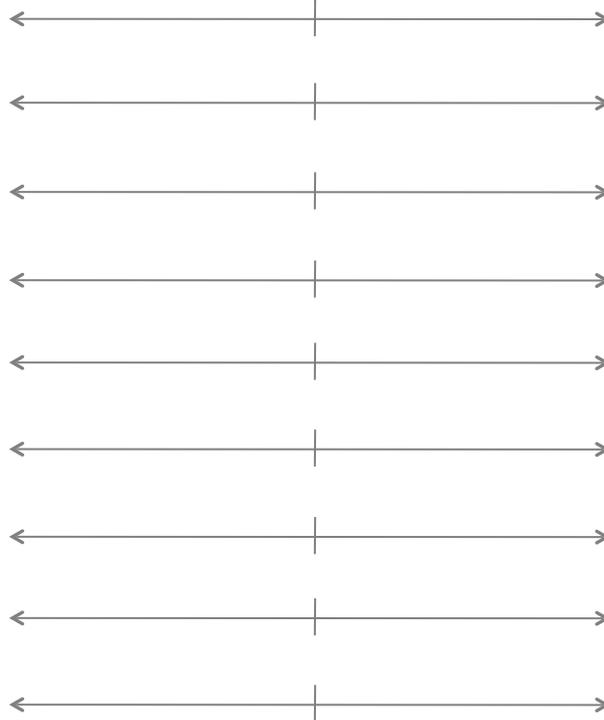
Objective

Strong-minded

Competitive

Particular

Task focused



Feeling

Informal

Personal

Illogical

Involved

Subjective

Flexible

Accommodating

Ambivalent

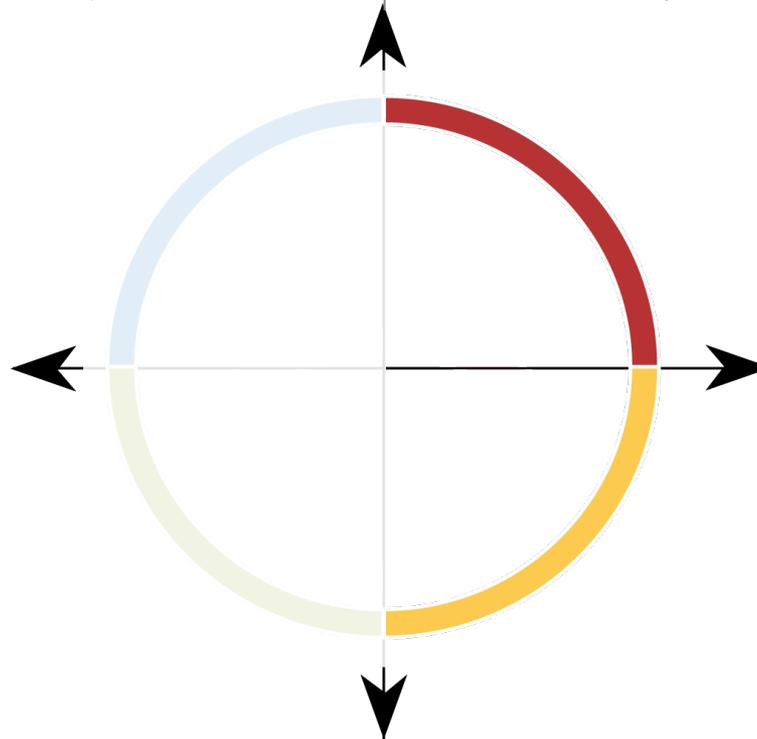
Relationship focused

Jungian Preferences and the Colour Energies

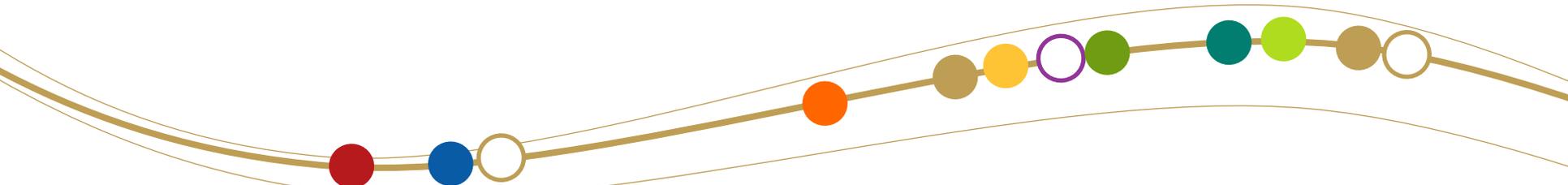
Introversion
Thinking



Extraversion
Feeling



When you see the next slide, write down what is there for you.





Your Perceiving 'Functions'

Sensation

Specific

Present-oriented

Realistic

Consistent

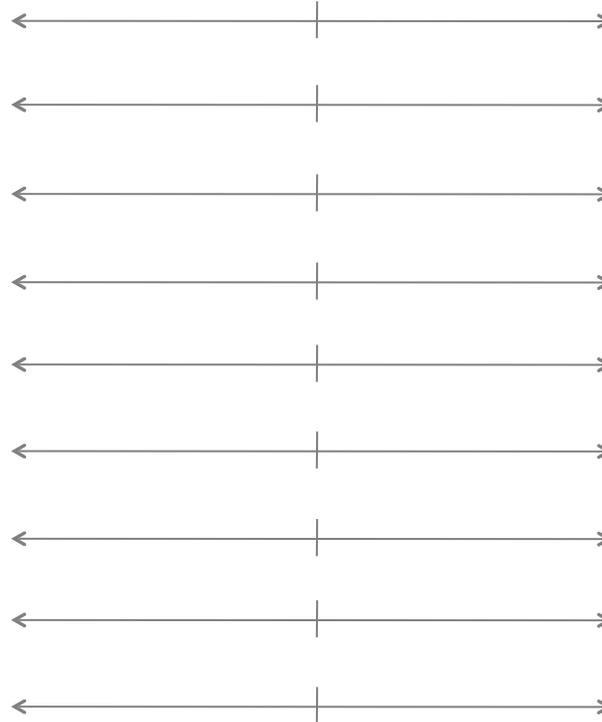
Down-to-earth

Practical

Precise

Factual

Step-by-step



Intuition

Global

Future-oriented

Imaginative

Unpredictable

Blue-sky

Conceptual

General

Abstract

Spontaneous

A combination of
Fiery Red with
Sensation

A combination of
Cool Blue with
Intuition

A combination of Earth
Green with Sensation



A combination of
Cool Blue with
Sensation

A combination of
Fiery Red with
Intuition

Sensation and Intuition in every colour energy

A combination of
Sunshine Yellow
with Sensation

A combination of
Earth Green with
Intuition

The Insights Discovery Personal Profile:

Face Validity



Review the Overview (pages 6-8)



- Put stars ** next to any statements you believe are particularly accurate.
- Put a ? beside those statements you believe do not describe you. Rather than stick on a specific word, consider the whole or half sentence.
- Remember to seek feedback from someone you trust on any statements in your Profile which you are not certain describe you.

Count the sentences that did not describe you (?) and multiply by 2. Subtract that number from 100.

$$1.5 \text{ sentences} \times 2\% = 3\%$$

$$100\% - 3\% = 97\% \text{ Accuracy}$$

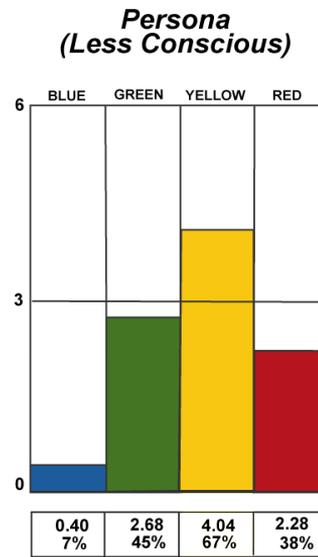
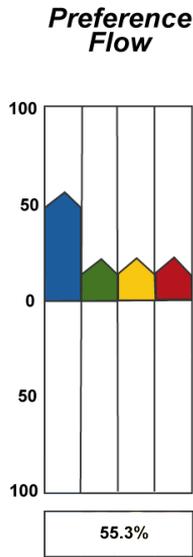
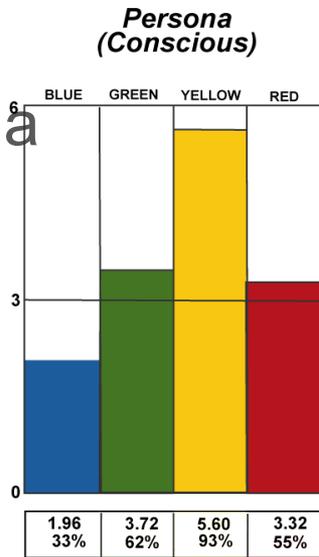
Colour Energy Dynamics

Graph I

Conscious Persona

The portrait picture of you

Aware of your behaviours



Graph II

Less Conscious Persona

The candid photograph

Less aware of your behaviours

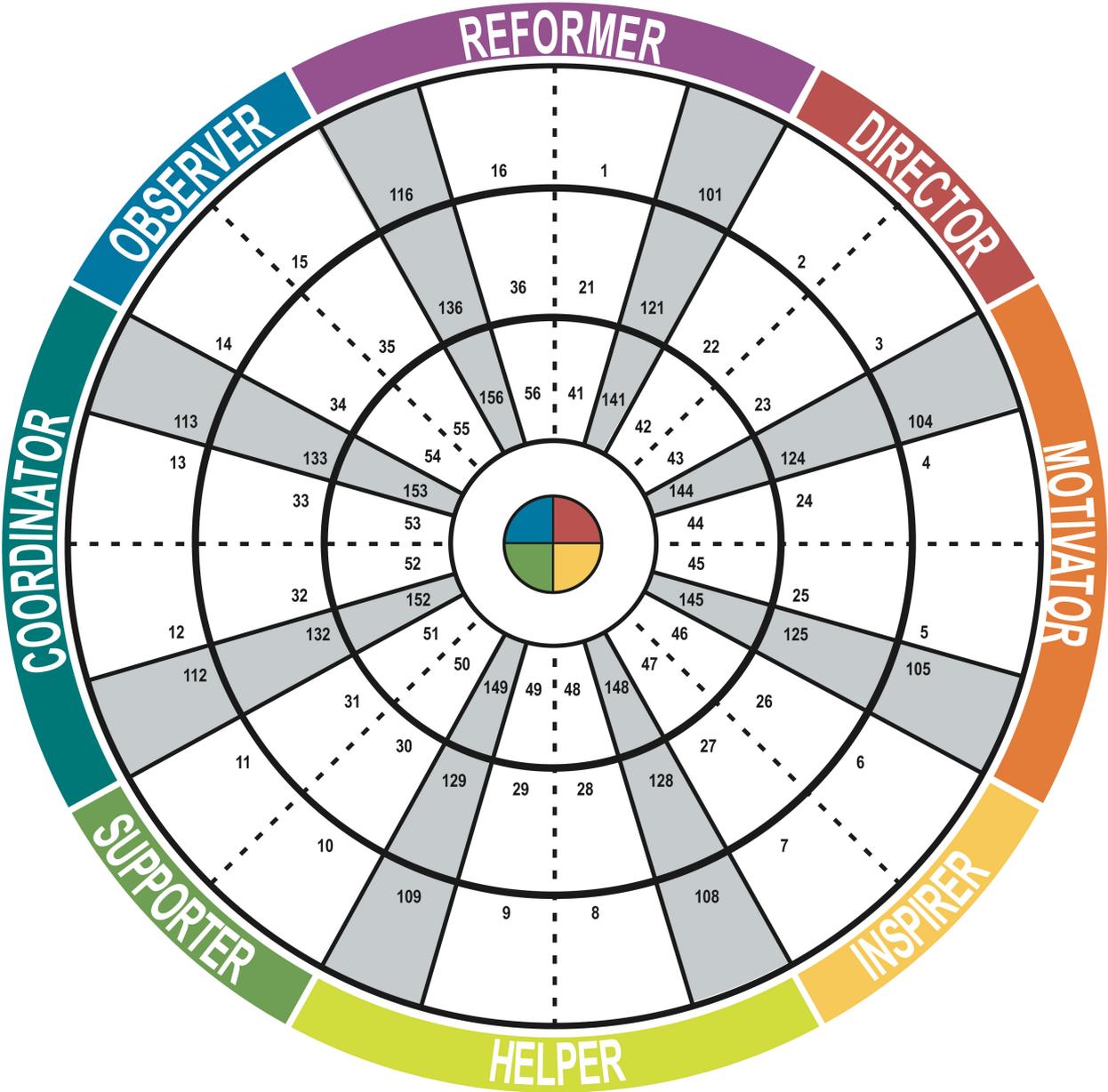
Preference Flow

Where you were channelling your energies when you completed the evaluator

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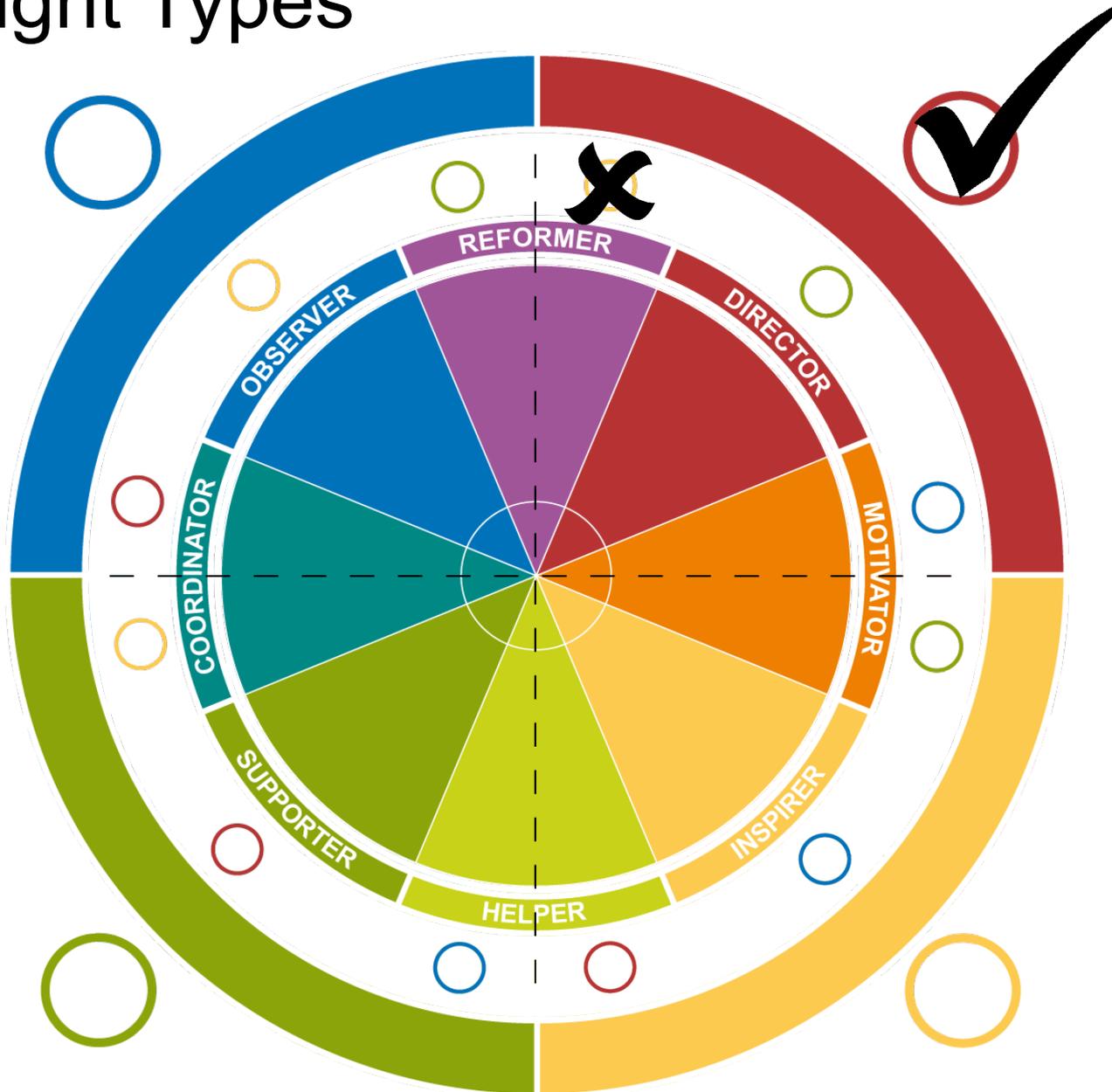
Insights Discovery 72-Type Wheel



Insights Taglines



The Eight Types

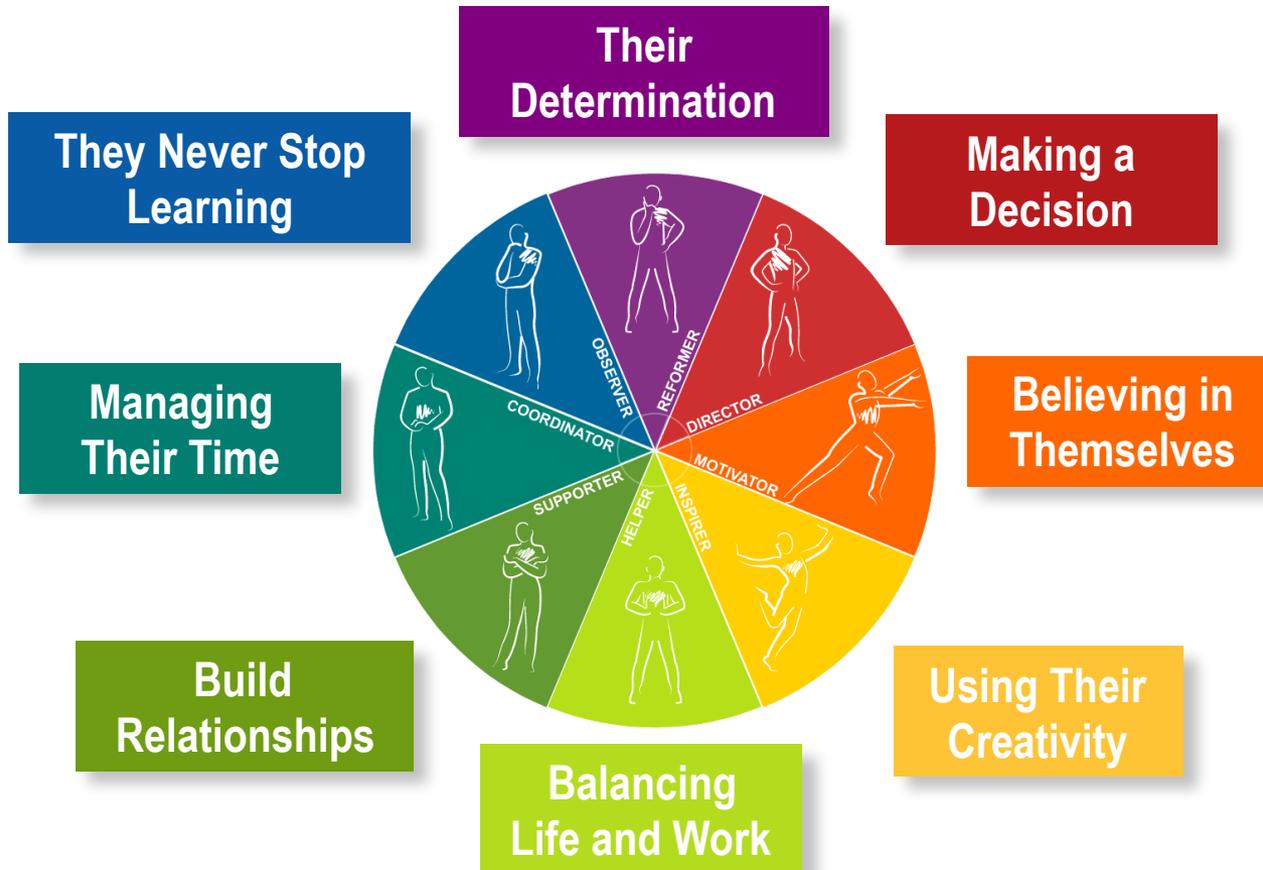


Eight Types Team Dynamics

– Approach to Task



Eight Types Team Dynamics – Keys to Success



Eight Types Team Dynamics

– Key Skills or Attributes



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