

## Objective:

Narrowing down to five things that provide the most motivation in the workplace.

## How it Works:

Remember, quick blink answers will be most accurate in this circle. Have participants circle the Top 5 things that motivate them within the workplace.

## Coaching Tips:

Recognize the wide variety of contexts your participants may be operating in because of stage of life. Encourage them to consider the place where they are giving the Lord their work, not only traditional 9-5 jobs. For example: in the home, school, volunteering, etc.



## Reference:

Journey 1, pg. 96



Session 10

### Workplace Motivators Selection

*taken from the book "What Motivates Me" by Gostick and Elton*

(Circle your top 5)

- |                   |            |                       |
|-------------------|------------|-----------------------|
| Autonomy          | Friendship | Problem Solving       |
| Challenge         | Fun        | Purpose               |
| Creativity        | Impact     | Recognition           |
| Developing Others | Learning   | Service               |
| Empathy           | Money      | Social Responsibility |
| Excelling         | Ownership  | Teamwork              |
| Excitement        | Pressure   | Variety               |
| Family            | Prestige   |                       |

