



## Objective, Big Idea & Biblical Focus:

To set the direction and Biblical content for the entire journey. To illustrate many of us know how to be rescued from death yet not adjusted to life, creating the space to introduce the 4 Imperatives of the Clarity Spiral.

**BIG IDEA: God has been having a dream about your life from the beginning of time. That dream is both knowable and nameable.**

Ephesians 2:1-10: As believers we have been rescued and redeemed FROM sin/death FOR good works God has prepared for each of us — the dream He has been dreaming for us. This also highlights the WHO we are, in Christ, before we begin to answer What, Why, When, How and Where. This is a foundational truth to revisit throughout the journey.

## How it Works:

Tell the Chilean miner story.

CNN headline: “Do the miners need a second rescue?”. Even though they were rescued from death, what they were having difficulty with was actually adjusting into life.

APPLICATION: Many of us have experienced rescue from death, but we’ve not adjusted to learning to live in the full freedom of Jesus and the good works he’s set aside for us to walk in.

## Coaching Tips:

Establish buy-in. How is this process different than what they have experienced before. Confidence and likability will help you build trust - key to first session. Know the story like the back of your hand - eye contact and genuine delivery.



## Reference:

Journey 1 Workbook, pg. 3



### The Nature of True Freedom *Chilean Miners Story*



By Gobierno de Chile - 13.10.10 Juan Illanes,  
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**"Freedom is not the ability to do anything you want to do. Freedom is the capability to become who you were always destined to be."**  
— *Dave Rhodes*

