



Objective, Big Idea & Biblical Focus:

Emphasize that every experience in life, good and bad, are opportunities to grow as we evaluate and learn from them. Illustrate the different crises/ opportunity points of human life, and how each crisis point represents a possible breakthrough in personal clarity and impact for their lives.

BIG IDEA: “Experience is not the best teacher; evaluated experience is.” – Howard Hendricks

Psalm 90: 9-12 - “Teach us to number our days that we may get a heart of wisdom”.

How it Works:

APPLICATION: these different lines are helping them understand the “Experience to Grow” aspect of the Clarity Spiral.

Sociologists have identified three crises points, known as the quarter life, mid-life and 3/4 life crises for average life expectancy.

The myth is your impact line coincides with your bio line.

Your body is on the diffusion curve after 40, but your impact line can exponentially increase, as you choose to grow from life experiences, meaning you could have the most impact in the last quarter.

Coaching Tips:

Recognize where people are at in your cohort. Quarter life? Mid Life? 3/4 life? Where are they tipping to and what’s the encouragement you can give them.

20-somethings: don’t be surprised when you have more identity crises in your life. Boomers: your greatest impact could still be in front of you.



Reference:

Journey 1 Workbook, pg. 7-8

YOUNIQUE *Session 1*

Imperative Two
Experience to Grow

2 Experience to Grow

- Every experience in life is an opportunity to grow.
 - Positive Experiences deepen your _____ confidence _____.
 - Negative Experiences develop your _____ conviction _____.
- "Experience is not the best teacher; evaluated experiences is." – Howard Hendricks

REFLECTIONS:

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Bio-Line vs. Impact-Line

LIFE-LINE

BIO-LINE

IMPACT-LINE

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