



Objective & Big Idea:

Invite them to take ownership of the design of their own life as it happens day to day. Help participants recognize where they are stuck in their vocational progress and begin to hint toward a way towards vocational value and vitality. Encourage them that this process can help them get to at least 10% more convergence to their calling within their current context.

BIG IDEA: What next step can I take to move closer to both vitality and value?

How it Works:

APPLICATION: the Value/Vitality map is helping them understand the “Value to Show” aspect of the Clarity Spiral. Bottom line: Most of us live in the tension between the vitality/life we receive and the value it brings to others/the world. We want both but often have one more than the other.

Slowly build out Vitality and Value matrix, one zone at a time, using the definitions on the top of the tool.

Add the 1-9 positioning system to the tool.

Have the participants determine which circle best identifies where they are at now.

Have participants think about how they got to where they are at now, using the positioning system.

Have participants think through what their next step on their way towards 9 might look like.

Use examples from the Participant Guide to illustrate the movement in circles.

Coaching Tips:

Boomers: usually took 1 to 2 to 4 to 6 as their pathway (fill this out with examples).

Most Millennials are taking 1 to 3 to 5 to 7 (fill this out with examples). Key Question is: What is my Next Step from where I am today? This is not a scorecard of where you currently are. If life circumstances necessitate you being at 1 that is ok - you just don't want to stay stuck there.



Reference:

Journey 1 Workbook, pg. 9-13

YOUNIQUE *Session 1*

Imperative Three
Value to Show

3 Value to Show

- Stepping 10
- Non-negotiables:
 - Never pursue personal clarity to the neglect of the organization.
 - Never pursue personal clarity without working for the success of your supervisor.

REFLECTIONS:

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YOUNIQUE *Session 1*

Imperative Three
Value - Vitality Map

VALUE - The value I contribute to the world, the increase of which can bring increased monetary value to me.

VITALITY - The level of energy and joy that I experience.

| | | |
|----|---------------|------------------|
| HI | HOBBY Zone | VOCATION Zone |
| LO | JOB Zone | CAREER Zone |
| | LO | HI |

Value

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YOUNIQUE *Session 1*

The Vocational Positioning System
of the Value-Vitality Map

| | | | |
|----------|-----------------|--------------------|------------------|
| HI | Hobby Zone 5 | Vocation Zone 7 | 9 |
| Vitality | 3 | 8 | 6 |
| LO | Job Zone 1 | 2 | Career Zone 4 |
| | LO | | HI |

Value

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YOUNIQUE *Session 1*

The Vocational Positioning System *Example 1-Kent M.*

| | | |
|---|---|---|
| 5 | 7 | 9 |
| 3 | 8 | 6 |
| 1 | 2 | 4 |

4 - President of a telecom company
8 - Strategic negotiator and analyst for enterprise level software company
7 - Franchise owner of C-12 Group Christian business round table

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YOUNIQUE *Session 1*

The Vocational Positioning System *Example 2-Julie P.*

| | | |
|---|---|---|
| 5 | 7 | 9 |
| 3 | 8 | 6 |
| 1 | 2 | 4 |

3 - Biology teacher and volleyball coach
8 - Homeschool mother of four
9 - Mother, home school co-op organizer and part-time, online kid fashion store

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