



Objective & Big Idea:

To give an overview of the three component pieces to helping someone find their sweet spot of calling (Passion, Ability, Context), setting a trajectory for the rest of Journey 1.

BIG IDEA: “The goal of discipleship is to be like Jesus if he were you - with your family, community, 9 to 5, circumstances, strengths and limitations” - Dallas Willard.

How it Works:

Lay out the three components of Passion, Ability and Context, giving examples of each of them.

Passion: Fan it - What Fuels Me the Most?

Ability: Focus it - What can I do the Best?

Context: Find it - Where is my Impact the Greatest?

This tool is used to help us discover the one thing we must do and why we do it.

Give a quick overview of how they will be walking through each of the three circles throughout Journey 1 and discovering their unique design in the convergence of all 3.

Coaching Tips:

Don't spend a long time. The point is to do an overview and that's it.



Reference:

Journey 1 Workbook, pg. 19-20; 51; 93; 101-102
 Younique Experience Notebook, pg. 17

YOUNIQUE Session 2

Finding My Sweet Spot

Don't Be Just Like Jesus

PASSION CIRCLE INVENTORY

- Life Discovery Grid
- Life Lies + Truths
- Passion Funnel
- Offenders
- Passion 360
- Ultimate Contribution

ABILITY CIRCLE INVENTORY

- Name Meaning
- Personality Strength
- Spiritual Ability (A.P.E.S.T.)
- Staple (StrengthsFinder)
- Sense of Accomplishment
- Ability 360

CONTEXT CIRCLE INVENTORY

- Live Sent
- Activator & Advantage
- Workplace Motivators
- Work Style
- Organizational Preferences
- Life Stage

REFLECTIONS:

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Passion Circle Overview

PASSION CIRCLE INVENTORY

- Life Discovery Grid
- Life Lies + Truths
- Passion Funnel
- Offenders
- Passion 360
- Ultimate Contribution

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Ability Circle Overview

ABILITY CIRCLE INVENTORY

- Name Meaning
- Personality (Insights)
- Spiritual Ability (A.P.E.S.T.)
- Talent (StrengthsFinder)
- Sense of Accomplishment
- Ability 360

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Context Circle Overview

CONTEXT CIRCLE INVENTORY

- Live Sent
- Activator & Advantage
- Workplace Motivators
- Work Style
- Organizational Preferences
- Life Stage

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Naming Your Sweet Spot Example 1-Kelly K.

SIGNATURE SCRIPTURE
and you shall be like a well-watered garden, like a spring of water whose waters do not fail. Isaiah 58:11

BIG SENTENCE
 I am created to honor God and help others by leveraging my abilities to spot opportunities, mobilize others, inspire, sympathize

with a deep passion for
 inspiring people, self-discovery, releasing resources, and maximizing potential

in the ideal context of
 openness to discovery, challenging situations, motivated people, and lasting impact

TWO WORDS
 empower ing
 momentum

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Naming Your Sweet Spot Example 2-Will M.

SIGNATURE SCRIPTURE
 Psalm 126

BIG SENTENCE
 I am created to honor God and help others by leveraging my abilities to discern, synthesize, challenge & facilitate

with a deep passion for
 apostolic calling to church leaders, raising up other "strategic outsiders," toolmaking & continual learning

in the ideal context of
 small team, high flexibility, secondary leadership & adventure travel lifestyle

TWO WORDS
 apply ing
 essence

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Naming Your Sweet Spot

SIGNATURE SCRIPTURE

BIG SENTENCE
 I am created to honor God and help others by leveraging my abilities to

with a deep passion for

in the ideal context of

TWO WORDS
 ing

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