



Objective & Big Idea:

Have participants identify and distinguish between their interest, passions and burdens.

BIG IDEA: Passion is conviction that becomes contagious because it withstands the test of pain”.

How it Works:

Give participants 10 minutes to answer the questions in the funnel, in a brainstorm manner, asking them to think through the things they are interested in, passionate about and burdened by. This is not an exhaustive list but enough that helps them narrow down to 5 words/themes at the bottom of the funnel.

Coaching Tips:


A helpful clarification: Passions are what get you up in the morning.

Burdens are what keep you up at night.



Reference:

Journey 1 Workbook, pg. 43

Session 4

Passion Funnel

INTERESTED IN:
What do I enjoy? What are my hobbies? Where do I spend my free time?

EXCITED ABOUT:
What gives me energy? What do I look forward to doing?

DRIVEN BY:
What must I do? What gets me up in the morning?
Where do I feel most alive?

BURDENED FOR:
What keeps me up at night?
What pain in the world do I sense
God wants me to step into?

PASSION:
A conviction that becomes contagious because it withstands the test of pain.

What five words from the funnel above best describe your Passion?

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