

Objective & Big Idea:

Declaring a holy discontent with 4 things that frustrate participants most.

BIG IDEA: What offends you most will most likely be an “opposite indicator” of what you value most.

How it Works:

Participants name 4 offenders in no particular order. Offenders are what make you pound your fist or are highly irritating, whether it is a small pet peeve or something that is a deeper offense.

Coaching Tips:

Naming offenders can offer fertile soil for LifeCore values so encourage participants to dig deep. Referring to Life Discovery Grid experiences can be helpful if they are stuck.



Reference:

Journey 1 Workbook, pg. 44



Session 4

Offenders

Declaring Your Holy Discontent

In the boxes below, record the four things that frustrate you the most.

Examples include:

- Inefficiency
- Doing things at the last minute
- Weeds in a garden
- Bullying
- Sex-trafficking
- Inability to forgive

OFFENDER #1:

OFFENDER #2:

OFFENDER #3:

OFFENDER #4:

