

Objective & Big Idea:

Participants get outside input on what they are most passionate about from the people they are closest to.

BIG IDEA: Are your passions evident to those who know you?

How it Works:

Participants text 12 people, asking for the top three words that best describe what they are most passionate about.

Write responses in the Passion 360 worksheet.

Have participants hone in on the 4 words that seem most frequent and/or best representative of the responses.

Make sure they are using copy-and-paste in their texting and not typing it out 12 times. Use individual texts and not a thread so responders are not influenced by others.

Coaching Tips:

People love this exercise and they love seeing how certain aspects of what they are passionate about are so often repeated. Encourage them to be open and humble to varied responses and not be offended if they don't receive feedback.



Reference:

Journey 1 Workbook, pg. 45



Passion 360

For your Passion 360 interview, text something like the following statement below to 12 people: four family members, four co-workers and four others. Record their answers in the boxes below.

"I am currently participating in a Life Design process called Yunique, and am seeking input from others. I am curious what three words you would use to describe what I am passionate about in general. Please reply with three words only. Thanks for your help."

FAMILY

NAME	NAME	NAME	NAME

CO-WORKERS

NAME	NAME	NAME	NAME

OTHERS

NAME	NAME	NAME	NAME

