

Objective, Big Idea & Biblical Focus:

Turn Inventory and Interpretation into Inscription around the LifeCore statement of the personal Vision Frame.

BIG IDEA: Your values are what you love about what you love.

Daniel 1: Knowing what we value drives how we live and step into our call. There was much Daniel **COULD** do without violating his Core Value. Firm yet flexible.

How it Works:

Pause to pray before beginning this exercise. It is often the hardest out of the whole journey.

Have everyone pull out the following tools for easy access: Life Discovery Grid, Life Drifts Grid, Passion Circle Inventory, Ability Circle Inventory, Context Circle Inventory (if you have completed this circle in the delivery schedule you have chosen)

Invite one participant to populate their funnel step by step in front of the group, as you prompt them, as a

helpful example. You will want to use a whiteboard that it visible to the entire group.

At the same time, have each participant complete their own LifeCore Funnel in their workbook.

Funnel Population Components:

1. Name Meanings - from Passion Circle Inventory
2. Chapter titles & dates - from Life Discovery Grid
3. Life lies & truth - from Life Drifts Grid
4. Personality (colors & titles) - Ability Circle Inventory
5. Things that offend most - Passion Circle Inventory
6. Passions/Burdens from Passion Circle Inventory

Here are a few questions that may help unearth underlying motivators:

- What are three biggest pain points in your life? What came out on the other side of them and why is that important to you?
- What motivates you most deeply?
- Who are you when you are at your best?
- What convictions to you see appear consistently?
- What is always true about you no matter what you are doing, where you are and who you are with?

Mine out at least two LifeCore values with your volunteer participant in front of the rest of the group to

demonstrate to others how they can mine out their own LifeCore statements

Bring themes into the 4 boxes at the bottom of the funnel based on inventory and answers to above questions.

Ask volunteer participant if there is anything missing from what is represented in boxes.

Begin word smithing into One Word, Two Word or Short Phrase. Find rhythms and cadence that is consistent. Ask if this stirs excitement, meaning and passion. You will not most likely not be able to complete all 4 values in session. Try to get to 2 that are 60-80% articulated.

Coaching Tips:

The consistent questions you will ask is “Why is this important?” and “What is an experience in your life where you see this at play?” These help get to core motivations and convictions that are below the surface. You are helping them to see the overlaps within the inventory and help them to draw out insight and put into clear articulation.



Reference:

Journey 1, pg. 80-85

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LifeCore Funnel

Things That Offend You Most:

Human Meaning, Character, Truth

Personally Life Love and Truth

CORE VALUE #1

CORE VALUE #2

CORE VALUE #3

CORE VALUE #4

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How to Write a LifeCore Statement

LifeCore: Your top four core values for guiding the rest of your life decisions.

Everyone is motivated by something. Everyone values something. By defining our life convictions we take a significant step toward aligning our life – thoughts, decisions, and behaviors – with the ideals that are most important to us. Given the dozens of things that matter to you, what are your core four?

GETTING STARTED

As you will do in several exercises in the Yunique Experience, create a long list from which you will narrow down your core four. Use any and all tools, conversation and reflection from this process.

- What motivates you most deeply in life?
- What convictions do your heroes model and stand for?
- Who are you when you are at your best?
- What is always true about you no matter what you are doing, where you are or who you are with?

Distill your life convictions by choosing one word, two words or a short phrase format to define them. Record the four life convictions on your Life Frame Worksheet.

FOR EXAMPLE:

One word	Two word	Short phrase
Learning	Carnivorous Learning	Asking questions before giving answers
Intimacy	Close relationships	Loving and being loved, deeply
Joy	Rooted Joyfulness	Happiness that transcends circumstance

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LifeCore Worksheet

- Core Value = _____
...because _____
Demonstrated by: _____
- Core Value = _____
...because _____
Demonstrated by: _____
- Core Value = _____
...because _____
Demonstrated by: _____
- Core Value = _____
...because _____
Demonstrated by: _____

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LifeCore Examples 1

Marci H.

FAMILY IS FREEDOM
...because together we can do more than we ever could apart.

BEAUTY IS BETTER
...because even though perfection might not be possible, order, function and healthy environments are.

HEALTHY IS WHOLE
...because brokenness should never be confused with normal.

LESS IS MORE
...because to truly say yes, I must say no.

Rebecca R.

TRUST THE SHEPHERD
...because the rod and staff comfort me.

SEE THE OUTCAST
...because everyone deserves to know they're valued.

MIND THE GAP
...because everyone needs an advocate.

OPEN THE DOOR
...because hospitality coupled with invitation changes lives.

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LifeCore Examples 2

David L.

RELATIONAL GRACE
...because that's what God has given me & is in me.
Demonstrated by unconditional acceptance of everything & everyone.

RESTORATIVE IMPACT
...because I want to make an eternal difference in others.
Demonstrated by investing Kingdom restoration in others while leaving the outcomes to God.

RECONCILING CONTRADICTIONS
...because life has both wheat & weeds.
Demonstrated by including and transcending all the paradoxes of life.

REFRESHING FREEDOM
...because when I'm experiencing freedom, I feel joy.
Demonstrated by living in awareness of the freedom I have in every area.

Jay C.

LEAD STRATEGICALLY
...so that the priorities of God dictate my purpose and pace.

RELATE INTIMATELY
...so that deep connection with God impacts each engagement.

LISTEN INTENTLY
...so that the sounds of heaven chorus my daily rhythm.

SPEAK COURAGEOUSLY
...so that my unspoken voice gives voice to others.

BLAME CONTINUOUSLY
...so that truth and personal responsibility remain as far from me as possible.

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LifeCore Examples 3

Debbie R.

Embrace CHANGE
...because progress happens through it.

Build TEAM
...because possibilities are enlarged by it.

Provide ORDER
...because pathways are cleared due to it.

Speak VALUE
...because people are motivated because of it.

Richard K.

PLAYFUL CURIOSITY
...because angels fly

INTELLECTUAL INTEGRITY
...because the mind is terrible thing to waste

LEADERSHIP VITALITY
...because the gospel is also for the up and in, not just for the down and out

"ALL OF LIFE" MINISTRY
...because there is no such thing as a division between the secular and the sacred

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