



Objective & Big Idea:

Allow participants to not only share their core motivations and values, but to continue to learn the skill of spiritually listening to other people's interpretations and to gain further insight into their own LifeCore

BIG IDEA: Three-Way Listening opportunity: 1. To the Holy Spirit for counsel and conviction; 2. To one another for encouragement and insight; and 3. To ourselves for awareness and response.

How it Works:

Each participant shares their refined LifeCore.
Give each participant about 7 minutes to share (set a timer).

Remind them of three-way listening and how important it is in this moment.

Reiterate the commitment to being a safe space for one another.

Allow for a few minutes after each person shares for encouragement and coaching. This is an opportunity for the table group and coach or cohort and coach to provide helpful refinement for this stage of the process.

Coaching Tips:

Be prepared to help people who are struggling with their LifeCore gain insight and articulation. Remember this is activating the most difficult muscles of the whole process and participants may feel stuck within the Clarity Spiral. Name that and encourage them to take a deep breath with you as you continue to press forward together. You will all need that at this point. If they are squirming, remember as a coach it is not your job to rescue them but to be with them and call them forward - gently and confidently.



Reference:

Journey 1, pg. 82
Younique Experience Notebook, pg 19



LifeCore Worksheet

1. Core Value = _____
...because _____
Demonstrated by: _____
2. Core Value = _____
...because _____
Demonstrated by: _____
3. Core Value = _____
...because _____
Demonstrated by: _____
4. Core Value = _____
...because _____
Demonstrated by: _____



Vision Frame Reporting

NAME _____

Two Words:

_____ing _____

LifeCall:

_____ exists to:

LifeCore:

Value #1: _____

...because _____

...demonstrated by: _____

Value #2: _____

...because _____

...demonstrated by: _____

Value #3: _____

...because _____

...demonstrated by: _____

Value #4: _____

...because _____

...demonstrated by: _____

