



## Objective, Big Idea & **Biblical Focus:**

To help participants identify and declare their first 90 day goal.

**BIG IDEA: Your 90 Day Goal** is the "focus" component of your LifePlan that keeps your attention on something strategically important that will help you reach the destination you're dreaming of.

Ephesians 3:20 and 2:10 are twin engines of the HS. Ephesians 3:20 - Where is our hope? In Him who can do more than we can fathom and whose power is at work within us. Ephesians 2:10 - We partner with God in walking where He has led and in what He has prepared. It is these twin engines of hopeful dependence and faithful living that propel the entirety of our LifePlan.

## **How it Works:**

Use the Midground Horizon worksheet to help participants get the picture of funneling their ideas of what is most important over the next 90 days down to one 90 day goal.

Encourage participants to brainstorm at least six different possibilities for their one, 90 day goal within the funnel.

Reference your personal 90 day goal and the various examples in their Participant Guide to help get the participants started.

Give participants 10 minutes to identify the one goal for their first 90 days.

Invite participants to share their 90 day goals with their group.

## **Coaching Tips:**

Encourage participants to use their time constraints effectively by allowing the pressure of the limitation to generate creativity.

Make yourself available to those who may get stuck during this exercise.



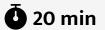














## **Reference:**

Journey 2, pg. 80-82 Younique Experience Notebook, pg. 27

