

## Objective, Big Idea & Biblical Focus:

To help participants have a more concrete understanding of what the Foreground Horizon is and how it integrates “weekly Action Steps” for each of their Storylines into their LifePlan for the purpose of wholistic living.

**BIG IDEA:** The regular rhythms you step into, in every area of your life, create potential for lasting change AND progress.

Ephesians 3:20 and 2:10 are twin engines of the HS. Ephesians 3:20 - Where is our hope? In Him who can do more than we can fathom and whose power is at work within us. Ephesians 2:10 - We partner with God in walking where He has led and in what He has prepared. It is these twin engines of hopeful dependence and faithful living that propel the entirety of our LifePlan.

## How it Works:

Define the Foreground Horizon: 4 specific Action Steps that will help you focus on gaining or taking ground in each Storyline of your life, advancing toward the 90 Day destination while gaining traction in areas of life that need it.

Demonstrate the link between the 4 “weekly Action Steps” and the 4 Storylines of the participants LifeScore.

Explain that each of these “weekly Action Steps” continue for 90 days and then after 90 days are replaced with new “weekly Action Steps”.

## Coaching Tips:

Call participants attention to the elegance of the LifePlan in linking the Foreground Horizon to the 4 Storylines of their LifeScore.

Demonstrate the way that the Foreground Horizon helps integrate their LifePlan into every storyline of their life which provides a wholistic focus and intentionality.



# Reference:

Journey 2, pg. 83-86

Younique Experience Notebook, pg. 27-28

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### Foreground Defined

**Foreground Horizon (next week).** The Foreground Horizon contains up to four specific Action Steps that will help you focus on gaining or taking ground in each Storyline of your life. Each Action Step will take the focus that you identified on the LifeStep of your Personal Vision Frame (a Role to step into, a Resource to increase, or part of your Replenishment Rhythms to emphasize) and turn that focus into a specific action. Action Steps combine that action with a daily, weekly or monthly rhythm to implement the action in regularly.

Each Action Step should be designed to directly or indirectly support the 90-day Midground Horizon goal over the next 90 days.

**In summary, the Foreground Horizon:**

- Clarifies weekly action steps.
- Manages every week's attention.
- Provides personal accountability.
- Keeps you focused on the 90-day goal in a way that naturally flows out of your four storylines.

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### Foreground Horizon NOW Rhythms

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
<b>Role (from RoleMap)</b>				
<b>Resource (Capital you are trying to increase)</b>				
<b>Replenishment (Rest or Work)</b>				
<b>Action Step</b>				
<b>Rhythm</b>				

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### Foreground Horizon NOW Rhythms Example 1 - Dave

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
<b>Role (from RoleMap)</b>	Listener	Mentor	Entrepreneur	Competitive Golfer
<b>Resource (Capital you are trying to increase)</b>	Spiritual	Spiritual	Financial	Relational
<b>Replenishment (Rest or Work)</b>	Rest	Work	Work	Rest
<b>Action Step</b>	Listen to a talk by Erwin McManus	Champion Frankie by Finding 1 Thing to Celebrate	Check PNL sheets to set calendar and work toward a goal emphasis of Break-Even	Play in 5-day Dogfight
<b>Rhythm</b>	Weekly	Daily	Monthly	Bi-weekly

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### Foreground Horizon NOW Rhythms Example 2 - Cindy

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
<b>Role (from RoleMap)</b>	Reader	Host	Saleswoman	Exerciser
<b>Resource (Capital you are trying to increase)</b>	Intellectual	Relational	Relational	Physical
<b>Replenishment (Rest or Work)</b>	Work	Rest	Work	Rest
<b>Action Step</b>	Read "Present Over Perfect"	Have friends over for Sunday lunch	Make a new contact	Take a bike ride
<b>Rhythm</b>	This 90 days	Bi-weekly	Weekly	Daily

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### Horizon Storyline

Beyond-the-Horizon: 3 Years

Background Horizon: 1 Year

Midground Horizon: 90 Days

Foreground Horizon: "NOW"

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