



Objective, Big Idea & Biblical Focus:

To help participants identify their actions steps over the next 90 days, the rhythms necessary to accomplish it and the practice of doing it so they can do it on their own in the future.

BIG IDEA: NOW Rhythms help you align the hopes of tomorrow with the present needs of today.

Ephesians 3:20 and 2:10 are twin engines of the HS. Ephesians 3:20 - Where is our hope? In Him who can do more than we can fathom and whose power is at work within us. Ephesians 2:10 - We partner with God in walking where He has led and in what He has prepared. It is these twin engines of hopeful dependence and faithful living that propel the entirety of our LifePlan.

How it Works:

Have participants take out the LifeSteps Worksheet (pg 57) from their Notebook.

Instruct participants to now evolve their LifeSteps focuses, declared a few sessions ago, into Action Steps and then add a Rhythm to this regular action over the next 90 days.

Encourage participants to think through how their 4 “weekly Action Steps” relate to their 90 day goal (remember each Action Step may have a direct or indirect relation to the 90 day goal).

Give opportunity for participants to share their 4 Weekly Action Steps with the group.

Coaching Tips:

Encourage participants to keep focus during this final step of the Life Horizon Storyline Process.

Celebrate as participants finish this part of the process.



Reference:

Journey 2, pg. 83-86

Younique Experience Notebook, pg. 27-28

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Foreground Defined

Foreground Horizon (next week). The Foreground Horizon contains up to four specific Action Steps that will help you focus on gaining or taking ground in each Storyline of your life. Each Action Step will take the focus that you identified on the LifeStep of your Personal Vision Frame (a Role to step into, a Resource to increase, or part of your Replenishment Rhythms to emphasize) and turn that focus into a specific action. Action Steps combine that action with a daily, weekly or monthly rhythm to implement the action in regularly.

Each Action Step should be designed to directly or indirectly support the 90-day Midground Horizon goal over the next 90 days.

In summary, the Foreground Horizon:

- Clarifies weekly action steps.
- Manages every week's attention.
- Provides personal accountability.
- Keeps you focused on the 90-day goal in a way that naturally flows out of your four storylines.

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Foreground Horizon NOW Rhythms

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
Role (from RoleMap)				
Resource (Capital you are trying to increase)				
Replenishment (Rest or Work)				
Action Step				
Rhythm				

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Foreground Horizon NOW Rhythms Example 1 - Dave

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
Role (from RoleMap)	Listener	Mentor	Entrepreneur	Competitive Golfer
Resource (Capital you are trying to increase)	Spiritual	Spiritual	Financial	Relational
Replenishment (Rest or Work)	Rest	Work	Work	Rest
Action Step	Listen to a talk by Erwin McManus	Champion Frankie by Finding 1 Thing to Celebrate	Check PNL sheets to set calendar and work toward a goal emphasis of Break-Even	Play in 5-day Dogfight
Rhythm	Weekly	Daily	Monthly	Bi-weekly

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Foreground Horizon NOW Rhythms Example 2 - Cindy

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
Role (from RoleMap)	Reader	Host	Saleswoman	Exerciser
Resource (Capital you are trying to increase)	Intellectual	Relational	Relational	Physical
Replenishment (Rest or Work)	Work	Rest	Work	Rest
Action Step	Read "Present Over Perfect"	Have friends over for Sunday lunch	Make a new contact	Take a bike ride
Rhythm	This 90 days	Bi-weekly	Weekly	Daily

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Horizon Storyline

Beyond-the-Horizon: 3 Years

Background Horizon: 1 Year

Midground Horizon: 90 Days

Foreground Horizon: "NOW"

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Foreground Horizon NOW Rhythms

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
Role (from RoleMap)				
Resource (Capital you are trying to increase)				
Replenishment (Rest or Work)				
Action Step				
Rhythm				

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