



## Objective, Big Idea & Biblical Focus:

To introduce the LifeScore part of the Vision Frame, creating a personal dashboard for consistent evaluation of a wholistic life, based on Storylines instead of Domains.

**BIG IDEA:** In a fluid world, many people are still living DIS-Integrated lives. Our goal is to live integrated lives because we are more than one thing.

Luke 2:52. Luke describes the development of Jesus as integrated in wisdom, stature and favor with God and man. This is our pattern.

## How it Works:

Explain that the LifeScore part of the vision Frame answers the question, “When am I successful?”

Use the teaching to pivot from Domains to Storylines. (Or highlight why we use Storylines if we do not begin with domains?)

Use the Categories of Health, Love, Work and Play to help participants begin thinking about their specific Storylines. Each of these are spiritual as they are all areas we can honor God and help others.

Share your 4 Storylines and how you arrived at naming them.

Explain the worksheet they’re going to work on.

Give participants 20 minutes to brainstorm the names of their storylines and to sketch out a picture of each one of them.

## Coaching Tips:

Point the participants to the different examples of Storylines in their Participant Guide.

Encourage participants to be as creative as possible in naming their Storylines—the more creative and personal these Storylines are the more meaning they will have for them as they think about their life. Remember that the goal is to move from a compartmentalized life to a wholistic one that we are growing to intentionally live out our LifeCall within all 4 of these storylines at all times.



# Reference:

Journey 2, pg. 16-20  
 Younique Experience Notebook, pg. 20

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### Moving to Storylines from Domains

*A Giant Leap Forward in Life Design*

Virtually all life planning methodologies use domains. Domains represent different areas or aspects of life that make life complete, such as family, career, social life, etc. We have already conducted a **Four Life Domains** Assessment that uses the five domains of Tom Paterson. The methodology may not use the term "domain" but there is always some type of category to assess and plan for life. For example, the personal productivity blogger Michael Hyatt uses the term "life accounts" instead of domains.

One example of domains from the Bible is Luke 2:52. Luke, the biblical writer who is also a doctor, reports on Jesus' development in regard to four domains: wisdom, stature, favor with God and favor with men. These correspond with mental, physical, spiritual and social domains.

Other examples of domains include the highly adapted "Wheel of Life" that breaks life into 6-10 categories. The wheel emphasizes a holistic view and the importance of achieving balance. The wheel of life categories used by performance coach Tony Robbins are below. The book, *Designing Your Life*, by authors Burnett and Evans use four simple categories, also listed below.

Examples of Life Domain Categories			
The Bible (Luke 2:52)	Tom Paterson	"Wheel of Life" by Tony Robbins	Designing Your Life by Burnett and Evans
Wisdom	Personal	Health and Wellness	Health
Stature	Family	Mind and Meaning	Love
Favor with God	Faith	Love and Relationships	Work
Favor with Men	Vocational	Productivity and Performance	Play
	Community	Career and Business	
		Wealth and Lifestyle	
		Leadership and Impact	

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### Moving to Storylines from Domains (continued)

*A Giant Leap Forward in Life Design*

One improvement in the *Younique Experience* is the pivot away from domains to use storylines. A storyline is a major theme in your life's unfolding narrative. It's a sub-story of your *LifeCall* and one of the key developing plots of your life.

It's usually not hard to make the jump from a domain to a storyline. Why do we recommend a change?

#### The Five Benefits of Using Storylines

1. Storylines are not limited by physical time and space categories.
2. Storylines elevate the power of identity, which is more fundamental than activity.
3. Storylines highlight God's authorship and sovereign goodness in my life.
4. Storylines are more personal and therefore they become more practical and powerful.
5. Storylines become the basis of a God-centered life assessment tool.

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### Storyline Brainstorming

NAME YOUR TOP FOUR STORYLINES AFTER REFLECTING ON THE FOUR HELPFUL LISTS AND STORYLINE TRAINING

Storyline 1 Storyline 2 Storyline 3 Storyline 4

Storyline Brainstorming

Please complete the My Storylines worksheet in your Younique Experience Notebook.

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### Storyline Creation Examples 1

Storyline 1 Storyline 2 Storyline 3 Storyline 4

*Will*

- Beloved Son
- Central Circle
- Olympic Contribution
- Epic Adventure

*Tracie*

- Passionate Presence
- Prescient Presence
- Persistent Presence
- Playful Presence

*Caleb*

- Bold Believer
- Contagious Connector
- Diverse Dreamer
- Eclectic Explorer

*Luke*

- Adopted Son
- Contributing Loved One
- Supporting Servant
- See the World

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### Storyline Creation Examples 2

Storyline 1 Storyline 2 Storyline 3 Storyline 4

*David L*

- Christ Carnator
- Engaging Hufagad
- Breakthrough Investor
- Joy Discoverer

*Heather*

- Sweet Reliance
- Intentional Intimacy
- Gracious Reconciliation
- Joyful Vitality

*Kelby*

- Committed Believer
- Passionate Family
- Beauty Bringer
- Joyful Neighbor

*Chad*

- MVP
- Almost Heaven
- Hanging Banners
- The Finer Things

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### My Storylines

NAME YOUR TOP FOUR STORYLINES AFTER REFLECTING ON THE FOUR HELPFUL LISTS AND STORYLINE TRAINING

Storyline 1 Storyline 2 Storyline 3 Storyline 4

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