Objective & Big Idea:

Help participants analyze, evaluate and reflect on their current resources and to bring greater alignment between their resources and their calling.

> **BIG IDEA: What resources have you been given today that can be invested for tomorrow's purpose? Recognize some of those resources may be in seed form.**

How it Works:

Give participants 17 hypothetical gold bars to list in their inventory worksheet, demonstrating the disbursement of their current capital, assessing where they have more and less capital in their lives. (5 minutes to do this)
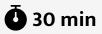
Have participants assume they are all "Good Servants", meaning they will double their investments in the next 3 years. Now they have 34 bars. Where would they place them to best resource the LifeCall they identified in Journey 1?

Have participants identify where the biggest gaps are located

Have participants finish the worksheet where they identify the capital they need to increase the most, as well as the investment that needs to be made to increase it.

Coaching Tips:

The reason we chose 17 gold bars is that it's a prime number and doesn't divide by 5. Meaning, participants have to make a decision around what they have more of and what they have less of.
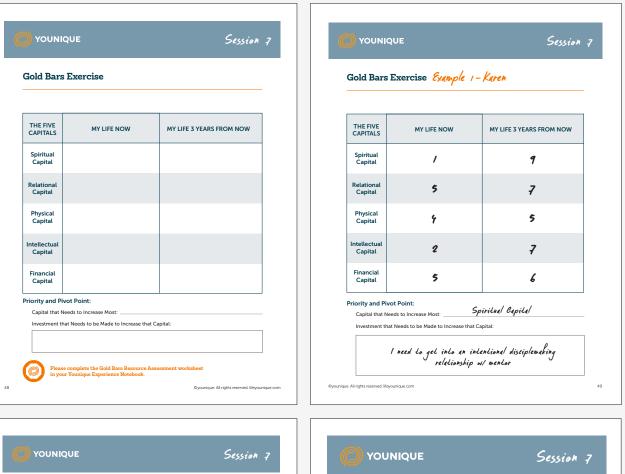
The key to the exercise is not about the number of gold bars, but the difference between the increase of gold bars and where they are placed in the second half of the exercise.

The primary takeaway for participants is to see where the gaps are in their resource allocation, and to begin to identify a strategy to make up those gaps.

Vision Frame

Reference:

Journey 2, pg. 48-50
Younique Experience Notebook, pg. 25

Page 48 — Gold Bars Exercise

YOUNIQUE — *Session 7*

Gold Bars Exercise

THE FIVE CAPITALS	MY LIFE NOW	MY LIFE 3 YEARS FROM NOW
Spiritual Capital		
Relational Capital		
Physical Capital		
Intellectual Capital		
Financial Capital		

Priority and Pivot Point:

Capital that Needs to Increase Most: _____

Investment that Needs to be Made to Increase that Capital:

[ ]

⊙ **Please complete the Gold Bars Resource Assessment worksheet in your Younique Experience Notebook.**

Page 49 — Gold Bars Exercise Example 1 - Karen

YOUNIQUE — *Session 7*

Gold Bars Exercise *Example 1 - Karen*

THE FIVE CAPITALS	MY LIFE NOW	MY LIFE 3 YEARS FROM NOW
Spiritual Capital	1	9
Relational Capital	5	7
Physical Capital	4	5
Intellectual Capital	2	7
Financial Capital	5	6

Priority and Pivot Point:

Capital that Needs to Increase Most: *Spiritual Capital*

Investment that Needs to be Made to Increase that Capital:

I need to get into an intentional disciplemaking relationship w/ mentor

Page 50 — Gold Bars Exercise Example 2 - Terry

YOUNIQUE — *Session 7*

Gold Bars Exercise *Example 2 - Terry*

THE FIVE CAPITALS	MY LIFE NOW	MY LIFE 3 YEARS FROM NOW
Spiritual Capital	6	10
Relational Capital	4	7
Physical Capital	1	7
Intellectual Capital	4	5
Financial Capital	2	5

Priority and Pivot Point:

Capital that Needs to Increase Most: *Physical Capital*

Investment that Needs to be Made to Increase that Capital:

I need to get a trainer and work out on a regular basis.

Page 25 — My 5 Gold Bars Resource Assessment

YOUNIQUE — *Session 7*

My 5 Gold Bars Resource Assessment

THE FIVE CAPITALS	MY LIFE NOW	MY LIFE 3 YEARS FROM NOW
Spiritual Capital		
Relational Capital		
Physical Capital		
Intellectual Capital		
Financial Capital		

Priority and Pivot Point:

Capital that Needs to Increase Most: _____

Investment that Needs to be Made to Increase that Capital:

[ ]

Vision Frame