



## Objective & Big Idea:

To help participants bring together the things that they have learned in each LifeSteps focus, and to bring those things to bear into each Storyline of their life.

**BIG IDEA:** The grace God gives us forms the strategy for how we step into the dream He has been dreaming for us.

## How it Works:

Ask participants to take out their Role Map, their Resource Assessment and their Replenishment Rhythm worksheets.

Have participants make general notes of places that stick out to them and where God has nudged them (ie: roles they need to step into, resources they need to re-allocate or increase, rhythms they need to emphasize). This step is an analysis of current conditions.

Have participants use the LifeSteps Top Four Emphasis worksheet to either choose a role they want to step into, a resource they want to increase, or a rhythm they need to emphasize in each Storyline of their life, based on that current condition assessment. This one area of focus for each storyline is the first step. It will help to circle or use a different pen color when they write it in the appropriate box, so it will not be confusing in the next steps.

Then show the connection of how choosing one major focus point in each Storyline will affect the other two “Rs” in that same Storyline, depending on how they are choosing to step into the one point of focus. • Give participants time to fill out the entire worksheet. Preview that this one area of focus is something that will change every 90 Days in their Life Plan.

Invite participants to share their insights and reflection with one or two others.

## Coaching Tips:

Use your own personal life and the example in the Participant Guide to help the participants grasp the connection in relationship between each focal point of the LifeSteps.

Emphasize that it should raise a red flag if all of their Replenishment Rhythms are Work-related or Rest-related and not a mixture of the two. Be prepared that you will need to walk through this exercise slowly and explain it well as it can be confusing. Make a point to highlight the sense of accomplishment of finishing the 4th side of the Vision Frame before we move on to the next Master Tool.





# Reference:

Journey 2, pg. 57-59

Younique Experience Notebook, pg. 28

**YOUNIQUE** *Session 8*

**LifeStep**  
One Area of Focus in each Storyline

Select your area of focus by using Role OR Resource OR Replenishment as a starting point. Think of these as three different lenses from which you decide on one. Then you can complete the grid by thinking through how the Role, Resource and Replenishment are related.

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
Role (from RoleMap)				
Resource (Capital you are trying to increase)				
Replenishment (Rest or Work)				

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**LifeStep Example 1 - Steve**  
One Area of Focus in each Storyline

Select your area of focus by using Role OR Resource OR Replenishment as a starting point. Think of these as three different lenses from which you decide on one. Then you can complete the grid by thinking through how the Role, Resource and Replenishment are related.

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
Role (from RoleMap)	Favored Son	Faithful Encourager	Future Forger	Free for All
Resource (Capital you are trying to increase)	Listener	Mentor	Entrepreneur	Competitive Gaffer
Replenishment (Rest or Work)	Spiritual	Spiritual	Financial	Relational
Replenishment (Rest or Work)	Rest	Work	Work	Rest

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**LifeStep Example 2 - Cindy**  
One Area of Focus in each Storyline

Select your area of focus by using Role OR Resource OR Replenishment as a starting point. Think of these as three different lenses from which you decide on one. Then you can complete the grid by thinking through how the Role, Resource and Replenishment are related.

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
Role (from RoleMap)	Adopted Daughter	Valued Teammate	Difference Maker	Hobby Lobby
Resource (Capital you are trying to increase)	Reader	Host	Saleswoman	Exerciser
Replenishment (Rest or Work)	Intellectual	Relational	Relational	Physical
Replenishment (Rest or Work)	Work	Rest	Work	Rest

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**YOUNIQUE** **Foreground Horizon NOW Rhythms**

	Storyline 1	Storyline 2	Storyline 3	Storyline 4
Role (from RoleMap)				
Resource (Capital you are trying to increase)				
Replenishment (Rest or Work)				
<b>NOW Rhythms</b> Action Step				
<b>NOW Rhythms</b> Rhythm				

*Session 10*

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