



## Objective, Big Idea & Biblical Focus:

Help participants identify their four, one year objectives.

**BIG IDEA: One-Year Objectives bridge the gap between your favored future and your particular present.” - Will Mancini**

Ephesians 3:20 and 2:10 are twin engines of the HS. Ephesians 3:20 - Where is our hope? In Him who can do more than we can fathom and whose power is at work within us. Ephesians 2:10 - We partner with God in walking where He has led and in what He has prepared. It is these twin engines of hopeful dependence and faithful living that propel the entirety of our LifePlan.

## How it Works:

Use the Background Horizons worksheet to help participants answer the questions:

- Where are they at? (Exercise done on pg 4)
- Where are they going? (Exercise done on pg 74)
- How are they going to get there?

Participants have already answered the first two columns on the worksheet in previous exercises. Have them look at the completed exercises on page 6 and 74 in their Participant Guide and ask the question, “How do I get from here to there? And what all has to happen?”

Have them write that list of things in the third column.

Remind the participants that the third column represents everything that has to happen over three years. Encourage participants to group and prioritize the most important things that must happen this year, into four, one-year objectives.

## Coaching Tips:

Grouping and prioritizing the things that must happen this year is a difficult step for many people. Demonstrate personally and using the examples in the Participant Guide, what clarity looks like so that participants can make that journey with you.



# Reference:

Journey 2, pg. 72-76  
 Younique Experience Notebook, pg. 27

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### Background Horizon

*Declaring Four 1-Year Objectives*

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**BACKGROUND HORIZON (1 YEAR)**

The background vision contains four ideas, primarily qualitative, that clarify the four most strategic emphases in the next years in order to fulfill your beyond the horizon vision. Each emphasis can be stated in a short phrase with two or three explanatory sentences. The background vision is not designed to inspire, but to clarify. As such, the background horizon:

- Clarifies a broad-level roadmap to approach the next year
- Directs long-term allocation of your life resources
- Limits blind spots that would inhibit progress
- Provides context for short-term goal setting (the next shorter horizon)

**DEVELOPING THE BACKGROUND HORIZON**

Use the Background Horizon Worksheet:

- All steps with the Background Horizon Worksheet work together with your beyond the horizon vivid description paragraph. While it is not essential to do this first, it is preferable.
- Brainstorm a list of observations about your life both qualitatively and quantitatively and record them in the "Where am I now" column. Anything goes. Do your best to create a current picture of your life as is. For example:
  - Work is satisfying, but not paying the bills.
  - Kids are starting to need more time from me.
  - House remodeling is underway and going slow.
  - \$7,000 of credit card debt.

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### Background Horizon (continued)

*Declaring Four 1-Year Objectives*

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- Brainstorm a list of observations about where you want your life to be one year from now and record them on the "Where am I headed?" column.
  - Saving an additional \$200 per month.
  - I am coming home from work earlier.
  - Kitchen remodeling completed.
  - No credit card debt.
- Brainstorm ideas on the third column for "How am I getting there." Don't think in detail, but in broad approach. For example, to reduce debt are you going to get a raise, a second job, or are you going to spend less.
- Finally, look for common themes in this third column. Group themes together and look for four. These four will inform the four ideas of your background horizon.
- Refine these by evaluating them in light of your beyond the horizon paragraph. What minor changes would you add? Do these clarify the four most important things to pay attention to this next year? What must happen in this next year of my life?

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### Background Horizon Worksheet

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Where am I now?	Where am I headed?	How am I getting there?
<i>(Reflections from Life Domains Assessment- page 6)</i>	<i>(Reflections from Beyond the Horizon Worksheet - page 69)</i>	

Group and prioritize the third column above into your four background objectives

Please complete the Background Horizon 4 boxes on the Horizon Storyline worksheet in your Younique Experience Notebook.

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### Background Horizon *Example 1-Luke*

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Where am I now?	Where am I headed?	How am I getting there?
<i>(Reflections from Life Domains Assessment- page 6)</i> -How many at work vs. at home -Spending more on bills than on fun -Good communication with Taylor around day-to-day and marriage health -Intentional time with family and friends has increased and feels more like a reward -Spiritual health and vitality is in a better place than last year -Want to spend more time with friends and family, but feel God keeping us here	<i>(Reflections from Beyond the Horizon Worksheet - page 69)</i> -Lots of travel this fall, stay connected while away -New staff onboarding this fall at work -Taylor is staying at B&B -Focus is focusing B&B and then applying to W&W -Learning why this fall (finding my professional and fun of fields) -Taylor and I are trying to meet our savings goal -Looking into starting foundation to fund education for minority first time college students in southern Ohio	<i>(Reflections from Beyond the Horizon Worksheet - page 69)</i> -Meditate more often to do admin and reflection work -Engage when the weather changes -I keep my exercise routine from October -Dedicate time to write and edit during the week for both B&B and W&W -Monthly budget and spending slightly during travel season -Talk with B&B on setting up account for foundation money -Meditate Zoom and group texts with kiddo while away

Group and prioritize the third column above into your four background objectives

Find the Future: meet our savings goal

Start small: launch blog and test posting rhythm and content

Meet the Horizon: submit final project paper for 700 approval

Add a new layer: install exercise pattern in fall travel season

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### Background Horizon *Example 2-Emma*

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Where am I now?	Where am I headed?	How am I getting there?
<i>(Reflections from Life Domains Assessment- page 6)</i> -Family needs rest -Meditate consistently in school, have the opportunity to get a job that will re-evaluate a part of my life that has been on hold -We haven't gotten to know our neighbors very well -Parents may be moving in with us soon -Where can my investment be the greatest?	<i>(Reflections from Beyond the Horizon Worksheet - page 69)</i> -Divorced Mother & Blessing Tree School Phase 1: my family & I will be a blessing tree, characterized by steady roots, and planting of fruit on my business. I will be able to weather storms and find time to gain the personal enrichment I wish to be strong -Word Description Goals: -I will confidently know who I am -I will be compelled by love and not money -I will know the names and be in growing relationships 12 of my neighbors -Ability will be sent off to college -My blog site will have 500 views a week -Tom and I will take a vacation together each year (first one) -I will have a job I love	<i>(Reflections from Beyond the Horizon Worksheet - page 69)</i> -Meditate and family schedule will be repeatable and sustainable rhythms and patterns -Establish family breakfast/dinner times -Organize our family budget -Make a plan for mom and dad -Create space to get to know my neighbors -Get Tom on board with "just us" vacations -Join a life group -Find a video runner who are living in my stage of life -Create a list of potential jobs that interest me -Get house ready to sell -Apply clearly apply for colleges -Take regular vacations -Find time to read -Re-launch my blog site

Group and prioritize the third column above into your four background objectives

Tree Trunk: Strengthen life at home with new patterns

More Branches: Navigate the next steps (job, home, college) finding new job first

Healthy Branches: Intentionally build new relationships in every domain

Personal Fruit: Reconnect and reading in a way that relaxes my blog

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### Horizon Storyline

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Beyond-the-Horizon: 3 Years		
Background Horizon: 1 Year		
Midground Horizon: 90 Days		
Foreground Horizon: "NOW"		

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