

Ability 360

For this interview tool, take some time to talk with people that have worked closely with you. Consider interviewing co-workers or friends from previous work environments to enable more transparency in seeking objective feedback. Consider input from people who have worked “above you” or “below you” in the organization.

In your opinion, what ability do I have that I am not fully aware of or that I have not fully maximized yet?

Person #1

Person #2

Person #3

In your opinion, what do I think I am better at than I really am? Why do you think I have a hard time with self-awareness in this area? What’s the most important thing I need to hear about myself, to gain clarity about my ability, even though it will be hard for me to hear?

Person #1

Person #2

Person #3



Please complete the **Ability Circle Inventory worksheet** on pg. 14–15 of your **Younique Experience Notebook**.