

Life Domains Assessment

Four Helpful Lists with Life Domains

adapted from Tom Paterson's book *Living the Life You Were Meant to Live*

LIFE DOMAINS	What is Working? <i>(celebrate)</i>	What is Broken? <i>(fix)</i>	What is Confused? <i>(clarify)</i>	What is Missing? <i>(add)</i>
Personal				
Family				
Faith				
Vocation				
Community				

Life Domains Assessment *Example 1 - Will*

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LIFE DOMAINS	What is Working? (celebrate)	What is Broken? (fix)	What is Confused? (clarify)	What is Missing? (add)
Personal	-Finances, cash flow, debt	-I consistently try to overextend myself		-I don't have a long-term financial plan at age 45
Family	-Relationships with the kids	-It's easy to speak the wrong "love language" to my wife -Romy wants to feel like she is making more meaningful life contribution	-We feel pain and confusion in our marriage after 4 miscarriages	-I desire a deeper emotional connection with Romy
Faith	-Identity in Christ			-Margin for better personal and spiritual health
Vocation	-Auxano and my impact vocationally -Favor with Lifeway		-RT have a big "life gate" in 2017 with Abby and Auxano -Understanding best mix of consulting, training, writing, toolmaking and building	
Community		-Success at Auxano creates tension with my involvement at Clear Creek		-Time with friends has been pushed out of life considerably

Life Domains Assessment *Example 1 - Marci*

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LIFE DOMAINS	What is Working? (celebrate)	What is Broken? (fix)	What is Confused? (clarify)	What is Missing? (add)
Personal	<ul style="list-style-type: none"> -Community/people in life -Sharing wholeness with other women 	<ul style="list-style-type: none"> -More rest -More time in word -More time with/life-giving friends 	<ul style="list-style-type: none"> -Where to invest (feel like I have options, want the best) 	<ul style="list-style-type: none"> -Rhythms of rest and retreat -Play time and time to create
Family	<ul style="list-style-type: none"> -Kids in good places -Extended family 	<ul style="list-style-type: none"> -Need basement -Organize home -Need play time 	<ul style="list-style-type: none"> -Mom live with me? -Space for others that feel like family 	<ul style="list-style-type: none"> -Play time with kids and Gabe -Date night -Teach kids new sports
Faith	<ul style="list-style-type: none"> -Identity -Preach -Clarity -Out: PTA 	<ul style="list-style-type: none"> -Time with unbelievers -Build relationship with neighbors 	<ul style="list-style-type: none"> -How to best model relationship with God to kids. Being intentional here. 	<ul style="list-style-type: none"> -More time and space for listening -Time in prayer
Vocation	<ul style="list-style-type: none"> -10KF -Volunteer 	<ul style="list-style-type: none"> -Needing rhythm of work and family and home needs 		<ul style="list-style-type: none"> -Opportunity to grow in new areas
Community	<ul style="list-style-type: none"> -Investing well -Kids -Intentional relationships 	<ul style="list-style-type: none"> -Lower personal expectations to have everything together -Busyness 		<ul style="list-style-type: none"> -Space for smaller groups of time together, more talking