

Life Drifts Grid *Example 2-Kathy R.*

CHAPTER TITLES	Happy	Hurt	Health	Hope	Hacked
Primary Drift (Core)	Appetite	Approval	Ambition	Appetite	Approval
Secondary Drift (Presenting)	Ambition	Ambition	Appetite	Approval	Ambition
Life Lie #1 (God)	God is not stable	God Does not care about Me.	Was God who he said he is? I should feel guilty for not living fully for him.	God gives us just enough but will always keep you on the verge of breakthrough	God wants me to sacrifice and to die to everything.
Life Lie #2 (Life)	People are always mean and self serving	That people are cruel. There are no real friendships in life.	That in an isolated bubble everything is perfect.	Our perfect life would never change and we would always be one big happy family	That we need to submit to and serve others and never question things.
Life Lie #3 (Yourself)	Were not likeable enough as a family/person to have long lasting relationships. Fear I was not enough	I was messed up. Was not good enough for someone to like. If you came around me you would leave.	If you run away from your past it will never find you.	That I had to work really hard in managing relationships	That I was not a good leader. I would never be worthy of being adopted into someone else's family
Life Truth	You can't control others but you can control yourself and your response to things.	God was always there.	God wants me to thrive in relationships with him and others.	Life is meant to live in Community and doing life that way is worth everything.	God is a god of Freedom. He wants us to LIVE Fully, in community where you can fully be your true self.