

Life Stage Identification

Five Benefits of Understanding and Using Life Stages

1. A life stage perspective _____ **INCREASES** _____ **SENSITIVITY** _____
to God's leadership at any given time.
Ask yourself: "What is God saying to me at this time based on my current life stage?"
2. A life stage perspective _____ **ACCELERATES** _____ **MOVEMENT** _____
toward God's next chapter by minimizing delays.
Ask yourself: What is keeping me from advancing to the next stage?"
3. A life stage perspective facilitates _____ **BETTER** _____ **DECISION-MAKING** _____
for personal development and vocational calling.
Ask yourself: Do I need a better fit in my existing vocational vehicle (right seat on the bus) or do I need a new vehicle?"
4. A life stage perspective _____ **CREATES** _____ **STABILITY** _____
during times of transition, trials, confusion and complexity in life.
Ask yourself: "How can I experience more peace and rest by trusting God in my life right now?"
5. A life stage perspective highlights _____ **PRACTICES** _____ **AND BARRIERS** _____
to finishing well throughout all stages of a lifetime.
Ask yourself: "What decisions today will help prepare me for for increased contribution at the end of life?"

5 Life Stages

Taken from Start by Jon Acuff

Age	Life Stage	Description
0-20	LEARNING	I am still actively seeking a sense of my life's vocational trajectory.
20s		
30s	EDITING	I am adding and deleting responsibilities in my life as a result of a growing understanding of my vocation.
40s	MASTERING	I know my life's vocation and I am getting better at it.
50s	HARVESTING	I am reaping the benefits of a certain degree of mastery in my vocation.
60s	GUIDING	I am helping others in a similar vocational journey.
70+		

Current Life Stage _____

Is there something keeping me from successfully moving to the next life stage?