

Objective & Big Idea:

Critical to helping participants prioritize and implement their LifePlan in a space of accountability and coaching for the first 90 Days.

BIG IDEA: Your LifePlan will be useless to you if left on a shelf.

How it Works:

Cast vision for the critical transition each participant will be making to actively step into their LifePlan and how the 90 Day Launch is crucial to the beginning of that journey. Clarify the dates and shorter time frame you will be meeting as a cohort.

Coaching Tips:

The posture shift for you as a coach in 90 Day Launch is to move from training to coming alongside participants and supporting them as they lead themselves in life design. These six sessions are a space for responsive coaching to the ins and outs of life design in action for each participant so you will want to prioritize the reporting out time in each session.

