



## Objective, Big Idea & Biblical Focus:

To see the transformative opportunity of a Kairos moment in our life and how to intentionally navigate such a moment.

**BIG IDEA: Kairos moments create space for small shifts with big implications as we pause to listen well and respond with action.**

Jesus is continually extending both invitation and challenge throughout the gospels. In Matthew 11 and 16: “Come to me all who are weary and I will give you rest”; and then “If anyone would come after me, let him deny himself and take up his cross and follow me”.

## How it Works:

Highlight the atmosphere of discipleship as communicated in 1 Corinthians 13:13 as a summary verse in a letter to Corinth where Paul talks of how to be the church.

- Love = What Is. Where God receives us, right where we are, is where we receive others.
- Hope = What Could Be. God does not leave us where we are at. Frustration is the first manifestation of hope.
- Faith = What Will Be. In hope God speaks and as God speaks the capability for faith is born.

Answer the 2 questions of discipleship:

- What is God doing?
- What am I going to do about it?

This is what it looks like to follow Jesus.

Define Kairos as a significant moment in time as distinct from Chronos which is the order of time.

Walk through each step of both initiation and challenge and how each moves us to listen and obey in the midst of a kairos moment so even the most minor step of growth can become a trajectory of transformation in the hands of God.

## Coaching Tips:

Use an example from your own life as you walk through how we step into initiation and challenge in our lives. After weeks of sharing from the Weekly Reflection Guide, this tool helps participants to intentionally lean in and ask “Where is God at work?” as they navigate the slower steps that allow them to listen well and understand their next step.





# Reference:

90 Day, pg. 22



90-Day launch: Week 9

## Hear and Obey

### ATMOSPHERE OF DISCIPLESHIP (I Corinthians 13:13)

Love: what is

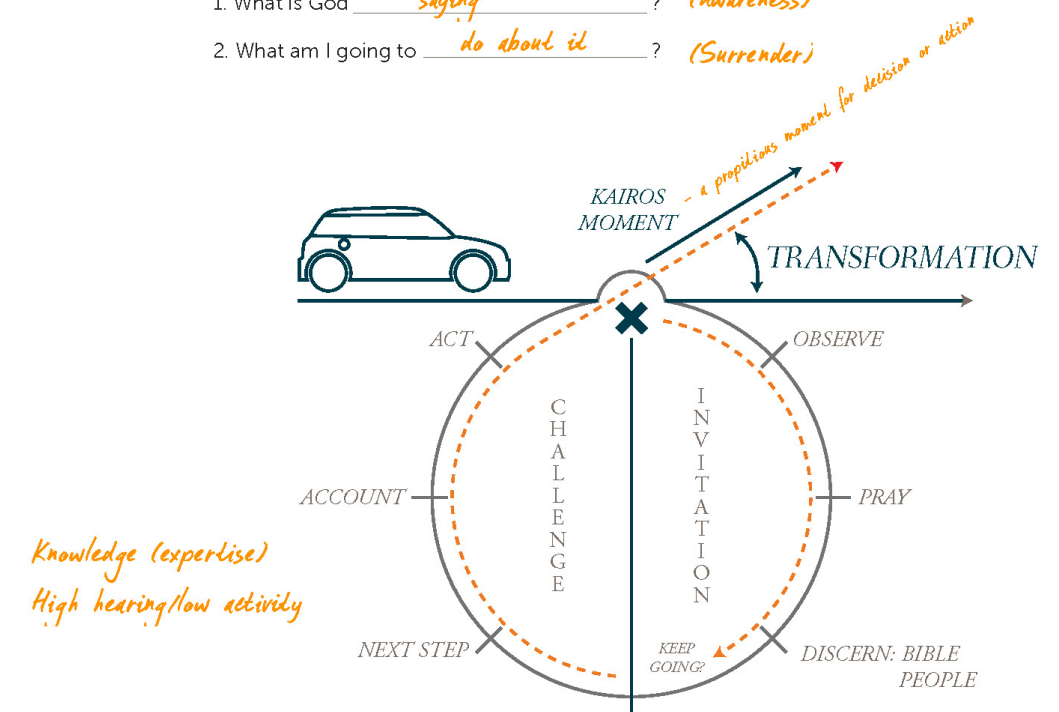
Hope: what could be

Faith: what will be

### 2 QUESTIONS OF DISCIPLESHIP

1. What is God saying? *(Awareness)*

2. What am I going to do about it? *(Surrender)*



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