

Complete Life Plan				Courses		Book
Tool/Teaching	Session	Corresponding Workbook Pg.	Corresponding Notebook Pg.	On Call Course	Session	Corresponding Chapters
Clarity Spiral: Four Imperatives and Four Steps/Chilean Miners Story	Session 1	pg. 4	pg. 4	Clarity Spiral	Clarity Spiral Overview	Chp. 3
Imperative One: Courage to Know, Ultimate Awareness Matrix	Session 1	pg. 5-6		Clarity Spiral	Courage to Know	Chp. 3
Imperative Two: Experience to Grow, Bio Line vs Impact-Line	Session 1	pg. 7-8		Clarity Spiral	Experience to Grow	Chp. 3
Imperative Three: Value to Show, Value-Vitality Map & Vocational Positioning System	Session 1	pg. 9-13		Clarity Spiral	Value to Show	Chp. 3
Imperative Four: Risk to Go, The Funnel Story	Session 1	pg. 14-15		Clarity Spiral	Risk to Go	Chp. 3
Passion Circle Overview	Session 2	pg. 19-20		Find Your One Thing	Session 2: Your Sweet Spot	Chp. 5
Hinge Moments	Session 2	pg. 21-23		Your Story Matters	Session 2: Sketch Your Story	Chp. 5
Life-Line	Session 2		pg. 9	Your Story Matters	Session 2: Sketch Your Story	Chp. 5
Life Discovery Grid	Session 2	pg. 24-32	pg. 10	Your Story Matters	Session 3: Chapters of Your Story	Chp. 5
Life Drifts	Session 3	pg. 35		Your Story Matters	Session 4: Life Drifts	Chp. 5
Life Drifts Grid	Session 3	pg. 36-40	pg. 12	Your Story Matters	Session 5: Drifting Off Course, Session 6: Life Lies & Life Truths	Chp. 5
Passion Funnel	Session 4	pg. 43		Job Change: 6 Yunique Tools to Step into Your Sweet Spot	Session 2: Passion	Chp. 5

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Offenders	Session 4	pg. 44		Living on Mission	Session 4: LifeCore Values	Chp. 5
Passion 360	Session 4	pg. 45		N/A	N/A	Chp. 5
Ultimate Contribution	Session 4	pg. 46-47		N/A	N/A	Chp. 26
Passion Circle Inventory	Session 4		pg. 13			Chp. 5
Ability Circle Overview	Session 5	pg. 51		Find Your One Thing	Session 2: Your Sweet Spot	Chp. 6
My Names Reflection	Session 5	pg. 53		N/A	N/A	Chp. 6
Name Calling	Session 5	pg. 54		N/A	N/A	Chp. 6
Insights	Session 6	pg. 57-63		N/A	N/A	Chp. 6
StrengthsFinder	Session 7	pg. 67-69		N/A	N/A	Chp. 6
APEST	Session 7	pg. 70-73		N/A	N/A	Chp. 6
Assessments Summary	Session 7	pg. 74		N/A	N/A	Chp. 6
Sense of Accomplishment	Session 7	pg. 75		Achieving Life Dreams	Session 2: 10/10 List	Chp. 6
Ability 360	Session 7	pg. 76		N/A	N/A	
Ability Circle Inventory	Session 7		pg. 14-15			Chp. 6

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LifeCore Funnel	Session 8	pg. 80		N/A	N/A	Chp. 11
LifeCore Worksheet	Session 8	pg. 82		Living on Mission	Session 4: LifeCore Values, Session 5: Your 4 LifeCore Values	Chp. 11
Context Circle Overview	Session 10	pg. 93		Find Your One Thing	Session 2: Your Sweet Spot	Chp. 7
Live Sent	Session 10	pg. 94		Living on Mission	Session 6: Live Sent	
Activator/Advantage Identification	Session 10	pg. 95		Job Change: 6 Tools/SweetSpot	Session 4: Context	Chp. 7
Workplace Motivators Selection	Session 10	pg. 96		Job Change: 6 Tools/SweetSpot	Session 4: Context	Chp. 7
Work Style Selection	Session 10	pg. 97		N/A	N/A	Chp. 7
Organizational Preferences Selection	Session 10	pg. 98		N/A	N/A	Chp. 7
Life Stage Identification	Session 10	pg. 99		N/A	N/A	Chp. 7
Context Circle inventory	Session 10		pg. 16			Chp. 7
Naming Your Sweet Spot	Session 10	pg. 101-102	pg. 17	Find Your One Thing	Session 2: Your Sweet Spot	Chp. 8
Two Words Worksheet	Session 10		pg. 18	Find Your One Thing	Session 4: Two Words Brainstorming Techniques	Chp. 8
6 Word Challenge	Session 11	pg. 107		Living on Mission	Session 2: Special Calling, Session 3: LifeCall	Chp. 10
12 Word Challenge	Session 11	pg. 108				Chp. 10
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Live the Dream/Jeremiah 29:4-14	Session 1	pg. 4		Achieving Life Dreams	Session 3: Redeeming Your Life	Chp. 14
Life Domains Assessment	Session 2	pg. 6				
Storyline Brainstorming	Session 3	pg. 18		N/A	N/A	Chp. 12
My Storylines	Session 3		pg. 20			Chp. 12
Psalms Spirituality	Session 4	pg. 23-24		N/A	N/A	Chp. 12
Storyline Assessment	Session 4			N/A	N/A	Chp. 12
Bucket List Worksheet	Session 5	pg. 29		Achieving Life Dreams	Session 4: 20 Boxes of Possibility	Chp. 25
Storyline Bucket List	Session 5		pg. 21-23	Achieving Life Dreams	Session 5: 100 Life Dreams	Chp. 25
My Role Map Worksheet	Session 6	pg. 40		N/A	N/A	Chp. 13
My Role Map	Session 6		pg. 24			Chp. 13
5 Capitals	Session 7	pg. 47		Job Search: 5 Younique Strategies for Finding Your Next Job	Session 2: The 5 Capitals	Chp. 13
Gold Bars Exercise	Session 7	pg. 48	pg. 25			Chp. 13
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Horizon Storyline	Session 9	pg. 66	pg. 27	Life Planning 101	Session 1: Where You Are Headed	Part 4 introduction
Beyond the Horizon	Session 9	pg. 69		Life Planning 101	Session 3: 3-Year Dream	Chp. 15
Background Horizon	Session 9	pg. 74		Life Planning 101	Session 4: 1-Year Objective	Chp 16
Midground Horizon	Session 10	pg. 80		Life Planning 101	Session 5: 90-Day Goal	Chp. 17
Foreground Horizon	Session 10	pg. 84	pg. 28	Life Planning 101	Session 6: NOW Rhythms	Chp. 18
LifePlan Snapshot	Session 11	pg. 89	pg. 29	N/A	N/A	Chp. 19
Life Making Cycle 90 Launch Intro.	Session 12			N/A	N/A	Part 5 introduction, chapters 21-24

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5 Stages of Transformation	Week 3		pg. 8			
Urgent and Important Matrix	Week 3		pg. 9			
The Vocational Positioning System	Week 5		pg. 12	Job Change: 6 Tools/Sweet Spot	Session 6: Vocational Positioning System	Chp. 3
Risk to Go Decision Matrix	Week 7		pg. 15	Job Change: 6 Tools/Sweet Spot	Session 7: Decision-Making Matrix	Chp. 3
Vocation Decision Distiller	Week 7		pg. 16			
Value to Show	Week 7		pg. 17	Your Dream Job Guide	Session 8 : Stepping 10	Chp. 3
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